



**Centre for the Cooperation
in the Mediterranean**



REPORT

ATLANTIS VI

Mediterranean Youth Camp of the Red Cross/ Red Crescent

"Mediterranean: Values in Action"

Marseille (France), 24th -31st July, 2010





Organized by



**Centre for the Cooperation
in the Mediterranean**

croix-rouge française 

With the support of



International Federation of Red Cross And Red Crescent Societies
الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر
MIDDLE EAST AND NORTH AFRICA ZONE منطقة الشرق الأوسط وشمال أفريقيا

abertis

With the collaboration of



In the frame of

**2010
European Year
for Combating
Poverty and
Social Exclusion**



INDEX

Summary	4
Contents and Objectives	6
1.1 General Context	6
1.2 General Objectives	7
1.3 Specific Objectives and Contents	8
1.4 Workshops and Methodology	10
1.4.1 Workshop on Youth and Employment	11
1.4.2 Workshop on Sustainable Development	14
1.4.3 Workshop on Principles and Values	17
1.4.4 Workshop on Migrants	20
1.4.5 Workshop on YABC (<i>youth as agents of behavioural change</i>)	22
1.4.6 Workshop on Leadership Skills	25
1.5 Special Sessions	27
1.5.1 Sharing Best Practices	27
1.5.2 IFRC Strategy on Violence	33
1.5.3 IFRC North Africa: Social Inclusion Programs	34
1.6 Photography Contest	34
1.7 Side Events	36
Organization and Logistics	38
2.1 General Overview	38
2.2 Participants	40
2.3 Facilities and Equipment	41
2.4 Logistics and Staff	41
2.5 Excursion	42
2.6 Visibility	43

Evaluation	45
3.1 Evaluation from the CCM	45
3.2 Evaluation from Participants	46
3.2.1 Workshops contents	47
3.2.2 Organization and Logistics	52
Follow up	53

Annexes:

- I. Invitation Letter
- II. Terms of Reference
- III. Draft program
- IV. Application form
- V. Visa assistance form
- VI. Practical Information sheet
- VII. List of participants
- VIII. Frame of contents of the workshops
- IX. Certificate of Attendance
- X. Poster
- XI. Evaluation questionnaire

SUMMARY

The Centre for the Cooperation in the Mediterranean (CCM), together with the French Red Cross, and with the support of the IFRC MENA Zone and the firm Abertis, has organized the sixth edition of the Mediterranean Youth Camp Atlantis. Atlantis VI has been carried out in accordance with the European Year for Combating Poverty and Social Exclusion and the UN International Year of Youth.

The general objective of Atlantis is not only to allow young volunteers to meet and share experiences and knowledge, but also to build their capacity to be dynamic models of change within their National Societies. In accordance with the Strategy 2020 of the IFRC and the recommendations of the RC/RC Mediterranean Conference, Atlantis should be a place to run into different cultural souls of the Mediterranean region and to build the capacity of the RC/RC young leaders. In addition to this general goal, Atlantis VI was devoted to social inclusion.

The sixth edition of Atlantis was held in Grans, near Marseille, France, from the 24th to the 31st of July, 2010. The camp was attended by about 80 participants, comprised of 44 volunteers representing 17 Mediterranean National Societies (Algeria, Andorra, Bosnia-Herzegovina, Egypt, France, Greece, Italy, Lebanon, Libya, Malta, Monaco, Morocco, Palestine, Portugal, Serbia, Syria, and Tunisia), the IFRC Principles and Values Department, 25 international facilitators and speakers, and several volunteers from the French Red Cross.

The agenda included 6 workshops in English (Youth and Employment, Sustainable Environment, Principles & Values, Migrants, YABC, Leadership skills). The methodology of work was comprised of mainly interactive and practical activities, with the addition of some very useful theoretical lessons. The team of facilitators consisted of RC/RC peer youth educators, coming from the Spanish Red Cross –Social Intervention Department-, the Italian Red Cross, the French Red Cross, the International Federation of RC/RC Societies –P&V Department and North of Africa IFRC Office–, the CCM, and field experts of other international organizations, such as Unescocat and IEMed (European Institute of the Mediterranean).

The evaluation of Atlantis VI has been extremely positive. Participants concluded that on the whole their expectations had been achieved and their evaluations are exceedingly positive. The percentage of participants that consider the general content of training as excellent or good is 93%.

CONTENTS AND OBJECTIVES

1.1 General context

In recent years the RC/RC Mediterranean National Societies focused their attention on the strengthening of the role of Youth in the Mediterranean region, which is an extraordinary basin of civilizations and customs, which have continuously met and exchanged throughout history.

Moved by acquired experience, it has also been acknowledged that youth can play an essential role in developing a culture of understanding and integration in the Mediterranean region, particularly due to their potential to adapt to new social and cultural contexts. Thanks to this asset, youth can become the bridge between different cultures and traditions, encouraging the progressive development of RC/RC Humanitarian action in the Mediterranean.

According to the recommendations of the last Mediterranean Conferences, and as reflected in its plan of action, the Centre for the Cooperation in the Mediterranean (CCM) took charge to ensure the annual edition of the Mediterranean youth camp Atlantis in order to strengthen the capacity of the RC/RC Mediterranean youth branches to respond to the needs of their most vulnerable communities.

The idea of a Mediterranean Youth Camp was conceived during the Mediterranean Conference held in Cairo in 2004. On this occasion the Italian RC proposed to create a common space where young volunteers from the Mediterranean could meet, exchange ideas and discuss humanitarian issues and possible solutions. This represented the initial step in the creation of an annual

camp named Atlantis. As a follow up to the recommendations made at the Mediterranean Conference in Cairo, the first camp was held in Italy in 2005. The second edition was supported by the CCM and hosted by the Turkish Red Crescent in 2006. During the 10th Mediterranean Conference held in Athens in 2007, youth strongly stressed that continuity of action was a key necessity, and it was again emphasized during the last Mediterranean Conference held in Dubrovnik. As a follow up to the Mediterranean youth meeting held in Athens, the CCM decided to co-organize the following editions of Atlantis, together with the Syrian Arab Red Crescent (2007), the Red Cross of Serbia (2008) and the Moroccan Red Crescent (2009). The current edition took place in France, co-organized with the French Red Cross.

1.2 General objectives

During the last editions, Atlantis designated itself as a mandatory meeting point for intercultural dialogue and exchange of experiences in the region

In accordance with the recommendations of the last Mediterranean Conferences, the common objectives of all Atlantis camps are the following:

- Promote intercultural dialogue and partnership among RC/RC youth leaders of the Mediterranean region;
- Empower youth as dynamic models of change for their local communities;
- Capacity building and encouraging practical actions and joint activities;
- Share knowledge and information about youth programs and activities;

- Share best practices and lessons learned with other RC/RC youth branches;
- Increase and enhance the commitment to the RC/RC Principles and Values.

1.3 Specific objectives and contents

The 2010 edition of Atlantis was mainly devoted to subjects regarding social inclusion. Everyday vulnerabilities are arising from new patterns of marginalisation, impoverishment, and insecurity, which are the consequence of trends in climate change, environmental degradation, disasters, demographic change, urbanisation, violence, forced migration, and access to food, water and natural resources as well as known and novel diseases. The International Federation of Red Cross and Red Crescent Societies (IFRC) is looking to address these issues by putting into place the Strategy 2020.

One of the three pillars that support this strategy is the promotion of social inclusion. The aim is to permit everyone to develop their full potential and lead productive and creative lives with dignity, according to their needs and choices, while discharging their obligations and realising their rights. This requires changing the attitudes and mindsets that drive our ways of living, and building associated social and institutional capacities.

Regarding the civil society, in which the RC/RC Movement plays a considerable role, it is necessary to prevent and minimize the consequences of poverty and social exclusion. In this field, young people are the most receptive recipients thanks to their better adaptation to changes of attitudes in their daily lives.

Moreover, once trained, they become the best disseminators of this message, both between adults and other young people.

Considering all these premises, the CCM and the French Red Cross have agreed to devote the 2010 edition of Atlantis to Social Inclusion developing a coherent program centred on the main humanitarian challenges –unemployment, migration, and the need to preserve the environment– which was addressed by deepening several related topics and practical tools for action.

Moreover, the dedication of the 2010 edition of ATLANTIS to social inclusion topics is also perfectly framed within the synergies of the most important international organizations working on this subject. Indeed, 2010 has been chosen to be:

- International Year of Youth, for the United Nations: under the theme “Dialogue and Mutual Understanding”, the year aims to encourage dialogue and understanding across generations and promote the ideals of peace, respect for human rights, freedom and solidarity.
- The Year for Combating Poverty and Social Exclusion, for the European Commission: it aims at recognising the fundamental right of persons experiencing poverty and social exclusion to live in dignity and to take an active part in society, at promoting public support for social inclusion policies, and at supporting a more cohesive society.

Finally, the Centre for Cooperation in the Mediterranean is a member of the Spanish chapter of the European Commission's Euro-Mediterranean Foundation, Anna Lindh for the Dialogue between the Cultures. In this sense, the Atlantis

camp finds its origins and primary justification in the main mission of constituting a meeting point for exchange and dialogue for RC/RC young volunteers of the Mediterranean.

Given all these premises, the specific objectives of the sixth edition of Atlantis were the following:

- To consolidate the capacities of the young people participating in order to encourage the implementation of practical actions related to social inclusion in each of the National Societies where they come from and to promote new initiatives and creative contributions from Youth;
- To express and share strategies, good practices, management ideas, communication and manners of serving local communities. To develop a new creative idea in order to reduce social exclusion at all levels of the society in the Mediterranean region.

1.4 Workshops and methodology

The training program allowed participants to consider, in depth, several sub-themes related to the main targeted humanitarian challenge. The participants were asked to choose between two parallel workshops in the morning and two parallel workshops in the afternoon, taking into consideration the topic of the training. A set number of participants attended each workshop. On the contrary, the special sessions counted on the participation of the plenary group.

Following the experience of the previous editions, the team of facilitators was international and came not only from different countries but also from distinct specialties of work. The team consisted of RC/RC peer youth educators (volunteers or staff members from the Spanish Red Cross, the Italian Red Cross, the French Red Cross, the International Federation of RC/RC National Societies, the IFRC P&V Department, the IFRC Bureau for Northern Africa and the Centre for the Cooperation in the Mediterranean) and field experts of other international organizations (the European Institute of the Mediterranean (IEMed) and Unescocat), who have specific know-how and punctual training experience in the tackled subjects. With regards to the methodology of work, all workshops were comprised of mainly interactive and practical activities, with the addition of some very useful theoretical lessons. The non-cognitive approach characteristic of the YABC project distinguished the corresponding workshop. The workshops counted on the active participation and involvement of participants (role playing, practical exercises, real-life situations, plenary discussions, sharing personal experiences, etc). The groups' philosophy was based on open-mindedness, flexibility and mutual respect.

Hereafter you will find the main contents and results for each of the workshops.

1.4.1. Workshop on Youth and Employment

As a recognised means for social inclusion, employment was one of the key issues the Youth Camp Atlantis VI focused on. Patterns of exclusion may arise due to the absence of work, the lack of social relations as well as economic dependency.

A seven hours workshop was dedicated to this topic and attended by 22 participants among whom new questions and initiatives were raised.

The facilitators Sandra Camus Rodriguez and Maria Martinez García, from the Spanish Red Cross in Catalonia –Social Intervention Department-, introduced several concepts regarding the issue of employment. This National Society, being a pioneer in the Mediterranean area as far as employment programmes are concerned, sensitized the class with a video on the human achievements the Spanish Red Cross programmes have fostered in this field, and afterwards the facilitators clarified the meanings of the related vocabulary. The groundwork was laid for the class to become acquainted with the issue and thus provide new ideas as well as address related challenges.

This was carried out in the first interactive exercise of the workshop, where participants were asked to write about their ideas concerning **'Labour market', 'Employment', 'Youth', and 'Exclusion'**. Regarding their own context, from this exercise the class was able to agree on common needs: integration; tolerance; building self confidence; leadership; identity; adapting to an evolving world; more opportunities; a better skills focused education; fighting against disrespect; intolerance; misunderstandings, among others. As far as youth is concerned, special relevance was given to motivation, enthusiasm, creativity, and leadership.

As a general overview on the Mediterranean situation regarding employment, special attention was given to the non-European countries: Morocco, Syria, Palestine, Libya, Tunisia, Algeria, Lebanon and Egypt. Common patterns were highlighted regarding the precarious employment and working conditions, prevalence of informal work, and weak business structure. All these factors lead

to the increased tendency of migrations towards other countries (mainly European) where patterns of social exclusion are repeated.

On the second day participants acted out a role-play, 'employer-employee', where they were expected to make the most of their personal skills in a job interview, according to what had been previously discussed in class about the 4 key concepts.

The exercise was reinforced by sharing the Spanish Red Cross' best practice 'Itinerary to Employment', a person-based programme which focuses on the **evaluation** of the candidate (image, body language, social skills, urgency to get the job, availability, networks and social environment, skills), **his/her motivation and commitment** (self esteem and a signed commitment), **the empowerment and the job search** (strengths and weaknesses, professional objectives, CV, professional training, access to employment, understanding the working environment).

The following two activities were aimed at improving ways to express oneself to the others, focusing on not taking anything for granted in a job interview/ working environment. In the first activity participants were split into two groups. The first group was asked to leave the room in order for Maria to give them instructions. They had then to enter the class, one by one, listen to the story their partner from the other group would tell them and repeat it to the class. Through this exercise they practised both active listening and expression models.

The following activity consisted of taking a group out of the room, giving them instructions, and then telling a partner who stayed in the class how to draw something (squares and diamonds) in a certain pattern. The conclusions of

these activities focused on the importance of communication in the Spanish Red Cross projects (with the RC staff; with the employer; with the agencies etc...). When applying for a job, employers have to get 'the right picture'.

After the presentation of the 'Cybernarium' and the 'Impulsa' programme of the Spanish Red Cross, the class gave their feedback on the issues raised concerning how the empowerment of youth is essential in order to build one's skills, self-confidence, motivations and thus break the intergenerational chains of poverty.

Outputs of the workshop

Participants were exposed to new best practices on the issue of youth and employment and the link between Social Inclusion and Employment, understanding their role as key agents in the process of breaking social and family chains of poverty, one of the main causes of exclusion.

As a final activity of the workshop, participants were asked to take into consideration the possibility of adapting the Spanish Red Cross programmes and initiatives to their own National Societies. Once shown the effectiveness and the human impact of such programmes, all representatives of the National Societies seemed determined to take the experiences and try adapting them to their own context.

1.4.2. Workshop on Sustainable Environment

In accordance with the theme of European Year for combating Poverty and Social Exclusion, the agenda of Atlantis VI included one workshop on

Environmental Sustainability, which addressed a relatively new field of work for the majority of RC/RC youth volunteers.

Impoverishment, insecurity and vulnerability are the consequences of trends in climate change, environmental degradation, disasters, scarcity of water, food and natural resources as well as known and novel diseases.

During this workshop, participants were trained on how to integrate sustainable methods into their lifestyles, in order to spread this constructive impact in their communities and positively influence them. The workshop, which was attended by 22 participants, lasted 7 hours and was facilitated by Monserrat Besnard, from Unescocat.

The program of the workshop addressed the targeted topic progressively in two sessions. Participants were first asked to find definitions for the following words: development, sustainable development and education for sustainability. Then they put all their ideas together, in order to have common definitions of the subjects, and worked on shared themes. The facilitator introduced the concept of "de-growth", letting the participants think about the necessity to stop growing and begin a voluntary transition towards a participatory and ecologically sustainable society, shifting from the unlimited pursuit of economic growth to a concept of right-sizing global and national economies.

The participants addressed the issue of climate change, analysing global warming and the greenhouse effects. They analyzed data regarding the Mediterranean region and recognized the urgency of a common action to reduce greenhouse emissions and adapt to climate change.

The participants acted out a role play in which everyone (as a group of builders, consumers, traders, farmers, unemployed workers and members of an ecological organisation) had to take a position towards the building of a touristy resort in a marvellous natural area, which would have reduced the already scarce access to water and other natural resources but at the same time would have made the economical possibilities of the country grow.

During the second session, the participants learned about "the story of stuff", reflecting on the processes that occur both before and after to things that are bought in shops, and the impact that the current system of production and destruction has on our environment.

The facilitator introduced, through the history of Iqbal Masih, the concept of Corporate Social Responsibility, which is a concept whereby companies integrate social and environmental concerns into their business operations and into their interactions with their stakeholders on a voluntary basis. The participants could experiment as entrepreneurs who had to take some responsibilities towards their customers: they had to answer to some messages regarding the environmental and social impact of their production's system, finding a sustainable solution.

The facilitator presented the book "State of the world 2010, from consumerism to sustainability" of the Worldwatch Institute, and gave every participant an extract of it to read and debate. They learned about eco-villages and transition towns in which sustainable life is possible.

Outputs of the workshop

Participants understood the necessity of an urgent common strategy aimed at making everyone engaged in changing his own attitude to achieve a better life, even just through simple actions: fly less, save 10% on heating, save 10% on electricity, drive less, eat better, buy good stuff, dump less, don't waste food, don't waste water and feel happier.

They understood the importance of a cultural change in order to achieve a sustainable life, which includes changes in the education system, in the production system and in the economical structures, a change based on the principle that "less is more": reducing production, consumerism and work time will have a positive impact not only on the environment but also in everyone lifestyle, give everyone back free time for relationships and a healthier life.

At the end of the workshop, participants made some proposals of what they could do inside their National Societies and communities: youth programmes in and out of schools, awareness campaigns, concerts, youth camps, workshops, photo and video contests, dissemination through media and social networks, national and international awards and visits to eco-villages or transition towns.

1.4.3. Workshop on Principles & Values

The promotion of the Red Cross/Red Crescent Movement's Fundamental Principles and Humanitarian Values lies at the heart of the International Federation's mandate to alleviate human suffering and serve the vulnerable people.

In a globalize world, plagued by prejudice and violence, the RC/RC International Movement must uphold values and foster a society based on respect for human dignity, tolerance and social inclusion of all its citizens, whatever their origin, sex, wealth or status. In this context, the Atlantis VI agenda included a workshop on Principles and Values focused on non-discrimination, respect for diversity, and reduction of violence and gender issues.

The objectives of this workshop were to enhance understanding and to share best practices in the area of Fundamental Principles and Humanitarian Values and training, capacity building and putting principles in action in order to be the "living examples" to achieve a more inclusive society.

The workshop, which was attended by 22 participants, lasted 7 hours and was facilitated by a team of French Red Cross facilitators:

- Martine Lorena
- Nadica Rinic
- Marie Reine Bahiya Bamseck
- Nazli Sannier
- Julie Trouvé
- Camille Mortreux

with the support of Charlotte Tocchio (IFRC P&V Department).

The facilitators first showed the video "Story of an idea", which brings to life the story of the birth of the Red Cross and Red Crescent Movement and its history to date.

They introduced the 7 Fundamental Principles with a game in which participants had to associate a picture to one principle and its definition. Then they divided the participants into seven groups and each group was given a principle to study and debate, encouraging them to find the values hidden behind every principle.

During the second session, the participants learned how to put the 7 Fundamental Principles into practice in their daily lives. The facilitators used the technique of the Théâtre – Forum to train the participants at behaviour according to the 7 Principles. The participants, divided in three groups, had to act out a short story in which one of the Principles was involved. If the audience, playing the community, didn't agree with the way the actors portrayed the scenario, the group has to act out their story again: they had to play in accordance with the RC/RC Principles and Values.

Outputs of the workshop

Participants understood the necessity to spread and disseminate principles and values with new tools inside their National Societies and in their communities in order to prevent and avoid conflicts and in order to achieve a more inclusive society. They understood the need to embody the 7 Fundamental Principles not only during the RC/RC service but also in their daily life, in order to be a living example for the community.

They recognized that they needed to first work with themselves to internalize the 7 Fundamental Principles, then they need to share them within their RC/RC team, and finally promote them in the community. The participants will bring

home a new way to look at life and to behave in order to have an impact in the community they are living in.

1.4.4. Workshop on Migrants

In a diverse and constantly evolving social environment, the topic of migrations as related to exclusion acquires special relevance. The seven-hour workshop was dedicated to defining meanings, clarifying concepts and illustrating the European Union's policies on migration in a dynamic and participatory way.

The facilitator from the **IEMed**, Ms. Marta Burgos, opened the workshop by involving the participants in defining the terms **'foreigner'** and **'migrant'**. Together the class defined a foreigner as a person who does not share the nationality of the country where he lives, his status being temporary and conditioned by his choice, while a migrant is a someone who changes his residency to another country, with the aim of settling permanently in the host country, often as a consequence of necessity.

To further contextualize the contemporary scenery of the phenomenon, after analysing a world map of migrations participants were able to visibly connect migrations to 'development', the movement of people both south-northward and south-southward. One of the issues taken into consideration was the ***brain-drain***, as linked to the EU policies that facilitate the entry of 'highly qualified' migrants, leaving the countries of origin deprived of qualified human resources to boost development.

The terms **'country of origin'**, **'transit countries'**, and **'destination countries'** were also introduced, as well as **'1st generation'**, **'2nd generation'** and **'1.5 generation'**.

Great part of the session was dedicated to the case of **'irregular migrations'** and its links to the irregular labour market. After going through the 'root causes' and the EU **'remote control'** system, the class faced the issue of the management of migrations: ***what can we do for integration?***

Relevance was given to the links between migration and 'security' as seen by the Justice and Home Affairs area of the European Commission, underlining the fact that migration is actually dealt with as part of the home affairs of each country, as linked to security, and not in its international relations dimension.

A point regarding migration which is nowadays largely discussed in the EU is **'circular migration'**. Does it stand as a benchmark or is it a drawback for developing countries?

The **Euro-Mediterranean Partnership** (or Barcelona Process) was presented as the leading initiative to promote cultural, political and economic cooperation in the region as follows:

- Promoting opportunities for legal migration
- Developing mechanism for a practical cooperation
- Carry out a detailed study with transit countries
- Increase cooperation to fight illegal immigration.

Yet, situations vary in each country, and policies are regarded as different models of integration that need to be addressed from different perspectives: *the non policy model, the guest worker policy, the assimilation policy, the multicultural policy and the intercultural policy*, the last one promoting respect and cultural cooperation.

A class debate was carried out on the topic of the models of integration in our societies, comparing them through the perspective of language, religious identity and cultural traditions.

Outcomes of the workshop

Participants grew more familiar with issues and concept related to migration as seen by the European Union and the MENA countries. Tools were offered in order to read maps and statistic data from a critical perspective, considering the time and the socio- political situation in which they were developed. Policy makers' points of views were underlined to focus on the issue of security, often regarding migrations as a threat to society rather than an asset.

As a last activity of the session, conclusions were drawn by participants as to what the Red Cross/Red Crescent societies can do in the frame of the euro-Mediterranean context on the topic of migrations, and especially what kind of activities can be developed by the youth. Emphasis was given to the need to increase social inclusion programmes throughout the area, spreading and sharing initiatives among National Societies as well as organizing more Youth Camps and programmes on social inclusion.

1.4.5. Workshop on Youth as Agents of Behavioural Change

Within the YABC dynamics, to start the day with renovated energies and get participants in the right state of mind, 30-minute Chi-Qung sessions were offered each day at 7 am. The sessions were aimed at taking and dedicating

time to oneself, restoring the links with the natural environment surrounding the camp, and harmonizing and balancing inner energies.

Fulfilling the main objective of Atlantis VI, providing a ground of discussion and sharing of best practices on social inclusion, the YABC dynamics contributed to make participants widen their perspectives, dropping biases about oneself and others, both on a personal and community level.

The workshop was carried out in two sessions for a total of seven hours, and facilitated by Nour Oughlli of the Syrian Arab Red Crescent, Charlotte Tocchio of the Principles and Values Department of the IFRC in Geneva, and Soufia Galand, who is responsible for the YABC programme for the North Africa IFRC Office.

In the first session, after an ice-breaker activity, participants were asked to write down on four different pieces of paper: their most precious belonging, their dearest person, their favourite piece of clothing, and their favourite room in their house. One of the facilitators then told the class that a war had broken out and that participants had to progressively give up their favourite piece of clothing and their house till the moment came for the last round where participants were left with two pieces of paper and the choice was between their most precious belonging and their dearest person. The aim of the activity was to let participants approach the feeling of being a refugee, with the great advantage of having the opportunity to choose what to leave behind.

Another interactive exercise consisted of dividing the class into two groups and giving one of them instructions on how to convince the other to let them enter into their group. The 'host country' representatives had previously been given

written arguments on why to not let the other group in, referring to the wide spread stereotypes communities have on immigrants. If the immigrants were sufficiently convincing, then they would be let in the host society. The aim of the activity was to make the group think about the gap between socially imposed dynamics of exclusion, the individual's will and feelings, and how the letter should influence the first.

The second day of the workshop was dedicated to more group dynamics based on two different models of society: a more traditional and human orientated society (the Yellow Land) vs. another society based on trade (the Blue Land). Observers from each groups had to study the social code of the other and relate it to their society in order to facilitate interaction amongst the two. The feedback of the participants was relevant in assessing common issues related to integration, such as resilience, self-confidence, humility, patience, trust, comprehension, self-criticism, equality, friendliness and dropping biases.

In the last activity, pretending that a natural catastrophe would take land away and force both societies to live together in order to survive, a compromise had to be reached. As a result the groups agreed on a common chart of rights and duties.

Outputs of the Workshop

Through their experiences, participants learned how inner change is the first step towards a more inclusive society, how self-criticism is essential in order to get closer to what we want to achieve. Dropping biases can be encouraged by acting according to how we feel, primarily as individuals. We cannot expect to live in an inclusive society if we simply act as we are told without first reflecting

on if what we are doing is the correct way to act when dealing with people who come from a different background or social code. Compromise proves to be the only possible way to assure survival in a diverse society.

1.4.6. Workshop on Leadership skills

Two 7 hour workshops on leadership skills were carried out by the Italian Red Cross facilitator, Marcello Sgroi. These workshops aimed to improve participants' capacities to play a leadership role in their National Society, promoting a positive change in attitudes and behaviours.

The methodology of this workshop was based on the principles of freedom and non-judgement: no one was required to participate in the activities if they didn't feel comfortable doing so and no one was to judge other's thoughts and attitudes.

A non-cognitive way of learning was chosen in order to let the participants express themselves through their body and let them be responsible for their own education and relationships with others.

The key issues of the workshops were:

- Communication
- Trust and Credibility
- Cooperation

These key issues can all be included in one concept: "Relationships".

Every activity was aimed at helping participants to self-reflect on their own leadership skills. At the end of the session there was a debriefing to support the

participants in linking their experiences with their feelings in order to understand the objective of the workshop.

The activities held were the following:

- No judgment: describing a person of the group according to what it is visible.
- Brainstorming: group discussion on leadership skills, both positive and negative.
- Communication bridge activities: walking in the room, moving in the room, space exploration, listening to the body, walking fast, walking slowly, walking in a straight line, looking for someone else by eye contact, looking for a hand, walking together.
- Games on diffused leadership: starting and stopping game, both with control outside and inside the group; following the leader (everyone is proposing a way to walk: the team follows); group dance following the inner music; group dance following external music.
- Cooperative games: “flying with your dreams” game: participants made a blanket with papers as big as they wanted and made it fly!
- Blind games on trust: walking blinded in groups, lead the blind, the pathway of the blind, blind dance.
- Non-verbal games on vision and intent: the participants made their own music with the body and directed the orchestra (everyone took turns leading and conducting an orchestra made by participants who played their body or used their voice). This game is aimed at encouraging people to communicate with no verbal language and make their own music with the resources available.

Outcomes of the workshop

Participants understood how leadership is based on relationship through communication, trust and cooperation. They learned to use creativity to solve problems, to listen to their and other's feelings, to work and think as a team and to have trust within the group.

They learned that good leadership is based on a balance between the leader and the followers. This balance is based on trust and relationship: a good leadership has to be a shared leadership.

At the end of the workshop, participant could trust one another: everyone was able to lead and follow the other, respecting their and other's limits and weaknesses; everyone was able to add their contribution to the team, playing their own role and sharing their feelings and thoughts.

1.5 Special sessions

There were three special sessions during the training week in order to share information and best practises on the targeted topics within the RC/RC Movement. These sessions were attended by all participants.

1.5.1 Sharing best practices

On the morning of Wednesday 27 July, the first special session, "*Sharing of Best Practices Among NVSS*", was carried out. Participants were asked to

present programs and/or activities that their RC/RC Youth Sections undertook with respect to social inclusion.

- Lebanese Red Cross

The Youth Department is in charge of several programs in the social sector:

- raising awareness on HIV/AIDS, fighting the stigma and promoting the capacity building of HIV affected
- promoting prisoners' capacity building
- awareness campaigns and workshops about environmental sustainability
- awareness campaigns and workshops about traffic safety
- training sessions about humanitarian values and principles

They run a project called "Dissemination of Humanitarian Norm" in collaboration with the Belgium Red Cross, aiming at disseminating respect for diversity, tolerance and solidarity through the community.

- Andorra Red Cross

Since Andorra is a mountain country, the majority of youth activities are rescue activities taking place on the mountain paths.

They also run elderly assistance, encouraging elderly people to go to cinemas and restaurants, and peer education, raising awareness on alcohol's risks outside of discos.

- French Red Cross

Youth work in five fields: solidarity, health, citizenship, intercultural exchanges and environmental protection.

In the social inclusion framework, the French Red Cross is running the following projects:

- social shops by and for students
 - "tout en fete": promoting social inclusion through parties and gatherings
 - material and psychological support to single mothers
 - elderly assistance and inclusion
 - solidarity breakfast aiming to create possibilities of inclusion
 - "eat good-feel good": peer education about food habits
 - prevention against addictions
 - support to youth employment: training and stages
 - micro credit: financial support, in collaboration with the Government, in order to achieve personal projects (mobility, education, accommodation, health care)
- Hellenic Red Cross

The Greek participants presented their work at the asylum seekers' centre. Their activities aim at both empowering the social and professional skills of the asylum seekers and at raising awareness among the local communities, promoting an intercultural society.
 - Palestine Red Crescent

The Palestine Red Crescent works in four different fields: first aid, blood donation, social assistance and youth.

The Palestinian participants showed a video to raise awareness on the risks the Red Crescent Volunteers are facing daily in the occupied territories.

- Tunisian Red Crescent

The participant presented a project called "Couffin de Ramadan". Youth volunteers collect, take stock and distribute food to people during Ramadan.

- Libyan Red Crescent

The Libyan participant showed a video to present the activities of his branch (Misurata branch): deaf people's assistance, blood donation, children camps, awareness campaigns to preserve the environment, assistance to disabled and ill people, assistance in prisons and orphanages, training courses, diffusion of the Sphere Project and dissemination of the YABC tools.

- Syrian Arab Red Crescent

The Syrian Arab Red Crescent works in different fields: diffusion of the international humanitarian law, disaster management, first aid, health, communication and social assistance.

In the social field, it provides support to vulnerable groups, such as the elderly and orphaned, while in the health field it raises awareness on HIV/AIDS, alcohol risks and blood donation.

- Portuguese Red Cross

The youth care about youth problems: peer education, summer camps, migration, prevention of drug and alcohol abuse in schools and neighbourhoods.

- Malta Red Cross

The activities carried out are: first aid, sea rescue, blood donation, youth camps, preservation of the environment and the cultural patrimony.

- Egyptian Red Crescent

It is active in three sectors:

- Health: blood donation and awareness campaigns on drug abuse
- Relief: support in conflicts
- Social: support to vulnerable people, promoting gender equality

- Moroccan Red Crescent

It works in the following fields: health, catastrophe response, diffusion of international humanitarian law, principles and values.

Social inclusion activities are targeted at migrants, children and the elderly.

- The Red Cross of Serbia

It provides the following services: promotion of humanitarian values and services, tracing services, trainings against sexually transmitted diseases and AIDS.

- Red Cross of Monaco

It promotes the following activities: first aid, international humanitarian actions and social services. In this last sector, it targets their activities on the elderly, families, students, children and migrants.

- Italian Red Cross

Italian Red Cross Youth is active in the following fields:

- health: defend and protect health and life
- P&V: fight against discrimination
- International Cooperation
- Capacity Building
- Fundraising
- Communication and Promotion

The participant presented:

- the ABC campaign, which aims at the promotion of healthy and safe sexual lifestyle
- the project "The city I wish", aiming at promoting active youth citizenship
- the programs on social inclusion aiming at defending vulnerable minors

- The Red Cross Society of Bosnia-Herzegovina

The participants presented the project "Solidarity on Action": young volunteers collect groceries and sanitary material and distribute them to vulnerable people.

The other activities that the Red Cross Society of Bosnia and Herzegovina carries out are: services for missing people, blood donation, awareness campaigns on TBC, AIDS and drug abuse.

- CCM

The Centre explained to the participants its mission, objectives and areas of action and discussed main concerns and goals on Youth activities and its approach.

1.5.2 IFRC Strategy on Violence

The second special session was carried out during the afternoon of the 27th by Charlotte Tocchio, the officer of the Fundamental Principles and YABC - IFRC P&V Department. She presented the IFRC Strategy on Violence.

First, participants could watch an IFRC video addressing the different kinds of violence existing in our society. Afterwards, the facilitator explained how we achieved the IFRC strategy on violence and its purpose. In 2007, violence was declared a great humanitarian challenge at the 30th International Conference of the Red Cross Red Crescent and in 2008 an IFRC network, including 24 National Societies, on violence prevention, mitigation and response was established.

In 2009, violence was mentioned in the three strategic aims of the IFRC Strategy 2020 whose content is "Promote social inclusion and culture of non-violence and peace". The IFRC Strategy on violence will be officially launched in September of 2010. Its purpose is to provide specific strategic directions to National Societies to implement the three strategic aims of IFRC Strategy 2020 as each of them relates to self-directed and interpersonal violence including urban violence. The Global Strategy does not cover collective violence, which includes armed conflicts and internal strife.

The facilitator explained to the participants the different kind of violence and their impact on the society and described the standard programs that the Federation is encouraging based on integration and on evidence.

1.5.3 IFRC – North of Africa - Social exclusion programs

The third special session also took place on the afternoon of the 27th and it was carried out by Sophia Galand, the officer of the IFRC Bureau for the Northern Africa. She presented to the participants how the Red Cross Movement is working in Northern Africa (Tunisia, Morocco, Algeria and Libya) to fight the social exclusion of migrants and vulnerable people.

The programs are addressed to youth for two reasons: the first is because they are part of the host countries and, as agent of change, they can have an impact on the communities promoting a behavioural change, and the second is because they are part of the second or third migrants' generation and vulnerable to social exclusion.

The programs work at two levels: the first one is promoting migrants' social inclusion, responding to their needs, and the second one is working on the host communities' perception, fighting discrimination, prejudices and stereotypes.

1.6 Photography contest

In accordance with the priorities of the RC/RC International Movement in the matter of social inclusion, the Centre for Cooperation in the Mediterranean organized a photography contest for youth. The contest had the objective of giving youth an opportunity to express themselves creatively and show their vision of the social inclusion in its multiple dimensions. Each participant was free to approach the theme of social inclusion from any angle they chose. They could relate these issues to one or many of the integrated themes in the

Millennium Development Goals of United Nations, such as human rights, the needs of migrants, the gender perspective or intercultural dialogue, amongst others.

This competition was open to all individuals between the ages of 18 and 30 who live within the countries of the Mediterranean Conference or neighbouring countries. The photos, accompanied by a descriptive form including the copyright permission, were sent to CCM and selected by an *ad hoc* committee composed by the French Red Cross, the Spanish Red Cross Youth, the Croatian Red Cross, the Greek Red Cross, the Arts Commission of the Spanish Red Cross in Catalonia, the Social Intervention Department of the Spanish Red Cross, the Communication Department of the Spanish Red Cross and, finally, the Centre for the Cooperation in the Mediterranean.

The most representative 15 photos were selected to be exhibited in Atlantis VI. Among them, the jury chose the best one and invited the photographer to participate in Atlantis VI. Travel and accommodations were covered by the organization. The winning photo was shot by Maria Jose Trapiello Suarez, from Spain. Her photo was titled "*Sea of Dreams*" and, using the photographer's words, showed that "*Migrants come to Europe to build a better future for themselves and their families. There are repositories of thousands of illusions that are truncated to reach our shores and meet reality: no document, no job, no language, without culture, without education...but they are young, strong, intelligent, and willing to fight*".

The CCM will keep on promoting this exhibition in different national and international events related to Youth and Social Inclusion.

1.7 Side Events

In accordance with the themes proposed throughout the exchange, different side events were displayed in the evenings. In the general context of social inclusion the activities addressed current and fundamental issues such as **climate change, intercultural dialogue and International Humanitarian Law**.

On the 25th, the participants could enjoy the **Terra game**, a Spanish Red Cross role play aiming at raising awareness and taking action towards environmental challenges as relating to climate change. In line with the issues raised by the 'Sustainable Consumption' workshop, the game laid the foundation for group discussions regarding the role of civil and private stakeholders in the decision-making process and its consequences on the environment.

The following evening, with the aim of exchanging material from their National Societies and sharing a common space of cultural traditions based on gastronomy, dance and music, a **"Cultural Flee Market"** was set up. Participants had the opportunity to approach their partners' cultures and habits and enjoy an inclusive atmosphere.

On the 27th, a **welcoming ceremony** at the Castle of Saló was organized by the French Red Cross together with local authorities. It is explained in detail in chapter 2.1.

On the 29th, participants could take part in the **Raid Cross**, a role play based on the application of the International Humanitarian Law. This activity was

intended to encourage participants to approach IHL both as field practice and in its implementation in the International Criminal Court.

On the last night, the 30th, a **farewell party** was organized by the CCM and the French Red Cross: participants danced and enjoyed their last evening together.

ORGANIZATION AND LOGISTIC

2.1 General overview

In order to guarantee a geographical distribution of the several editions of Atlantis, the CCM agreed with the French Red Cross to host this camp in Grans, near Marseille (France) during summer 2010. The Director and the Youth Officer of the CCM attended three preparatory meetings, two in France and one in Nairobi during the XXX General RC/RC Assembly, to discuss the general lines of the camp, the agenda, the logistics, and more. The camp was held in Grans from the 24th to the 31st of July 2010.

In May 2010, an e-mail to Mediterranean National Societies was sent, enclosing the following documents: an invitation letter (see annex 1), terms of reference (see annex 2), draft program (see annex 3), application form (see annex 4) and visa assistance form (see annex 5). The French Red Cross was responsible for dealing with embassies, through the Ministry of Foreign Affairs, to facilitate the issue of visas for those nationalities which needed one. All visas were issued on time and no particular problems occurred.

The week before the camp began a practical information sheet (see annex 6) and the final program were sent to participants and facilitators, together with the list of participants (see annex 7) and the content outlines of each workshop (see annex 8), in order to inform participants on the main organisational aspects and the general agenda, and to allow them to reach the camp with a basic knowledge of the objectives, contents and thematic background of the workshops.

On Saturday, the 24th of July, the opening ceremony was chaired by Mr. Philippe Da Costa, the General Director of the French Red Cross Youth and Volunteers Department, Mr. Michel Roux, the President of the French Red Cross local delegation, Mr. Claude Matthieu, the President of the French Red Cross local district, Ms. Caroline Soubie, the FRC Head of Youth Programs and the Youth Officer of the CCM – Ms. Roberta Fusacchia.

On the 27th, participants were welcomed to the Castle of Salon, an historical museum compiling the deeds, uniforms and weapons of the battles of Napoleon Bonaparte. After a guided tour, an official reception by both French Red Cross and city authorities was offered on the premises of the castle. Mr. Philippe Da Costa, Mr. Claude Matthieu and Mr. Michelle Roux spoke on how the role of youth is a fundamental element in the movement as well as the importance of the activities of Atlantis VI and their focus on social inclusion. Also underlined were the fruitful outcomes of the partnership with the CCM.

The closing ceremony, on the evening of Friday the 30th, was lead by the Youth Officer of the CCM, Ms. Roberta Fusacchia, and the project manager of the FRC Youth Department, Ms. Camille Mortreux. Mr. Claude Matthieu greeted all the participants and facilitators and Ms. Roberta Fusacchia presented them, respectively, with the certificates of attendance and training (see annex 9).

Some evening activities, as mentioned in detail in point 1.6 of the present report, were also carried out:

- The Terra Game role play
- The 'Intercultural Flee Market'
- The 'Raid Cross' role play
- A farewell party

2.2 Participants

The camp was attended by around 80 participants, comprised of 44 volunteers, representing 17 Mediterranean National Societies (Algeria, Andorra, Bosnia-Herzegovina, Egypt, France, Greece, Italy, Lebanon, Libya, Malta, Monaco, Morocco, Palestine, Portugal, Serbia, Syria, and Tunisia), 25 international facilitators and speakers and volunteers from French Red Cross –local branche. The 17 Mediterranean National Societies represent the 68% of NS in this area. Gender balance was mostly ensured among participants with 47% females and 53% males.

The requested profile of participants was:

- Youth volunteers between 18 and 30 of age;
- Able to communicate in English in order to actively participate in working groups, role-plays, etc.
- Youth volunteers that:
 - play an active role in their National Society;
 - are involved in programmes focused on the topic of the youth camp;
 - are able to work in a team with other participants and take an active part in discussions.

2.3 Facilities and equipment

Atlantis VI took place in Grans (a village in the Bouches-du-Rhône department in southern France, near Marseille) at the youth hostel Domaine de Petit.

The venue was situated in a rural area and comprised of two main buildings. The first building had 1 working class-room, the secretariat and the meeting hall. In the other building there was another working class-room, the administration office and the dining room. Bedrooms were distributed between both buildings.

The French Red Cross provided the camp with all the materials requested by the facilitators. Pens and block-notes were distributed to participants at the beginning of the camp, together with a folder containing the program, the workshops' context outlines, pins and brochures from CCM. Wi-fi internet connection was available in the Centre.

2.4 Logistics and staff

All the transportation from/to the airport and for the sightseeing activities were ensured by the French Red Cross.

The CCM staff arrived on Friday, the 23rd of July, while facilitators arrived on Saturday, the 24th of July. Participants reached the camp the 24th of July and left between the 31st of July and the 2nd of August, depending on flight availability.

The camp was managed by Ms. Camille Mortreux (project manager of the FRC Youth Department) and the French Red Cross staff. Ms. Roberta Fusacchia (CCM Youth Officer) was in charge of the overall coordination of the event, with the support of Ms. Ariana Potrafki (Intern at the CCM) and Ms. Silvia Piscitelli (desk officer of the CCM).

The venue provided participants with 3 main meals and 2 snacks per day, as well as with packed lunch at the airport and during the excursions. The French Red Cross also ensured the presence of a first aid team from the local Red Cross delegation, as well as drivers and assistance.

2.5 Excursion

On the 28th of July, as a leisure activity in order to let participants share some free time and get to know new sights in the region of Provence, the organization of Atlantis VI scheduled a visit to Cassis and Aix-en-Provence.

In accordance with the *Mediterranean Youth Camp*, a morning visit to the seaside on the Cote d'Azur was a must: the sight of our amazing sea reaffirmed the group's sense of belonging to a common space, as well as an inner need for cooperation in order to preserve common links and endeavour common struggles and challenges in the Mediterranean region.

Once Cassis was reached by bus, participants had the opportunity to visit some beautiful coves by boat. During the boat ride, pictures were taken of the whole party. The photographs portrayed the enthusiasm of the event in the beautiful surroundings of the blue waters of the coast.

After the lunch break on the shore of Cassis, the group was given some free time to visit the town before moving by bus to the nearby location of Aix-en-Provence. The characteristic beauty of the town of Provence gave the group the opportunity to enjoy more sights and share free time walking through the alleys filled with street artists and enjoying the smell of lavender products that are typical of the region.

As the sun set, departure was due, back to Domaine de Petit.

2.6 Visibility

As mentioned above, all information concerning the camp was sent to the Mediterranean National Societies, as well as other components of the Movement and partners.

The outcomes of this report will be distributed to all participants and partners, as well as to the members of the Steering Committee of the Mediterranean Conference and the members of the Governing Board of the CCM. They will also be available on the CCM website.

Promotional materials have been delivered to participants, such as pins and leaflets of the CCM, t-shirts, caps and mugs specifically produced for Atlantis VI, as well as t-shirts, cups, pins and bags of the French Red Cross. Promotional posters of the camp were created and hung in the surrounding premises (see annex 10).

A DVD was delivered to participants at the end of the camp, containing all key documents related to both workshops and organisations, as well as a range of the most significant pictures.

The French Red Cross greatly publicized the event through local media. A local journalist, a troupe of cameramen and a photographer of the French Red Cross were all present at the camp.

A Communication/Media Consultant from the IFRC Europe Zone, Mr Giovanni Zambello, took part at the event, reporting about the activities and the participants, giving Atlantis VI an international echo.

A facebook group "Atlantis VI" was created to share pictures and comments between the participants.

A video on Atlantis VI will be produced and featured on the CCM website, as well as being distributed on social networking sites like facebook or youtube.

All pieces of information concerning Atlantis VI and its follow-up will be published in the CCM Newsletter, as well as on CCM website (www.cruzroja.es/ccm).

EVALUATION

3.1 Evaluation from the CCM

This year's edition of the Youth Camp 'Atlantis' proved to be a good and useful experience as far as its goals are concerned. Social inclusion, one of today's great challenges, was dealt with from different perspectives thus fulfilling the organization's goals of offering an approach as comprehensive as possible on the issue.

Overall, participants showed a high level of commitment and enthusiasm in all workshops and activities, commenting that intercultural dialogue was one of the main assets of the camp.

The collaboration with the French Red Cross was excellent and enriching. Coupled with the constant communication between all parties involved, it ensured a very positive outcome of the camp. The relaxed atmosphere created by the surrounding countryside and the great cuisine provided by the staff of 'Le Domaine du Petit' made both participants and facilitators feel at ease and full of energy at the same time. Staff and volunteers, both from the Headquarters and the local branch, first aid, photographers and the press were present at all times, underlining the great quality of the services provided. Moreover, two big halls were set up for use as the organization's secretariat and as a space for participants, providing all necessary facilities.

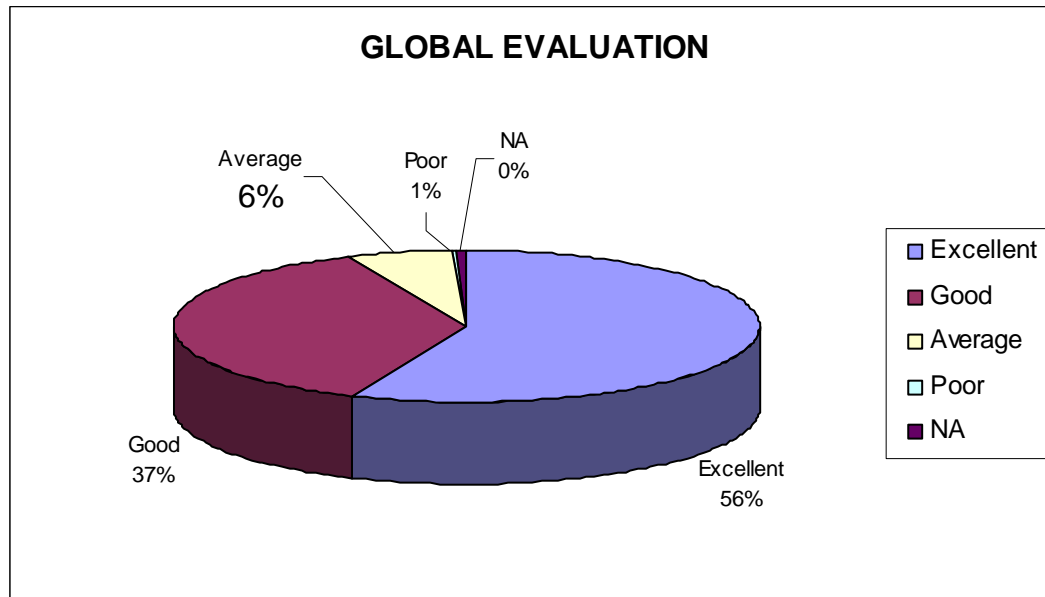
There are a few issues that we would like to underline for the future editions of Atlantis. As mentioned above, intercultural dialogue is one of the main assets of Atlantis. To fully benefit from such asset, we would like to remind National Societies that a good knowledge of the working language from participants is required, for them to fully express their ideas, feelings, and points of view. For the present edition, the language level shown in Atlantis VI was generally good and has improved since past editions. For this reason we still appeal to National Societies to always appoint those representatives that best suit the profile, both in language proficiency requirements and commitment to RC/RC principles and values.

Finally, we would like to emphasize that participation in the activities is a key element for a successful outcome of the camp, along with a positive attitude towards interaction with other youth from different cultures, different ways of doing things and the fostering of a friendly atmosphere and mutual understanding.

3.2 Evaluation from participants

In order to have participants' feedback on the workshops and the activities carried out, a questionnaire was handed out on the last day (see annex 11).

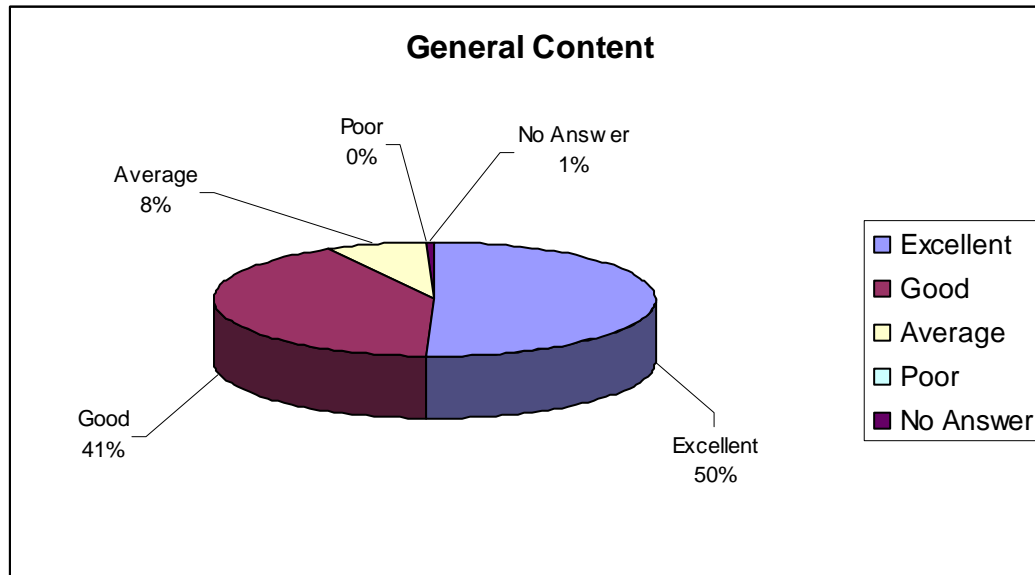
As per the chart below, the results of the questionnaire confirmed 93% of participants' global satisfaction to be excellent or very good, reflecting the fulfilment of their expectations.



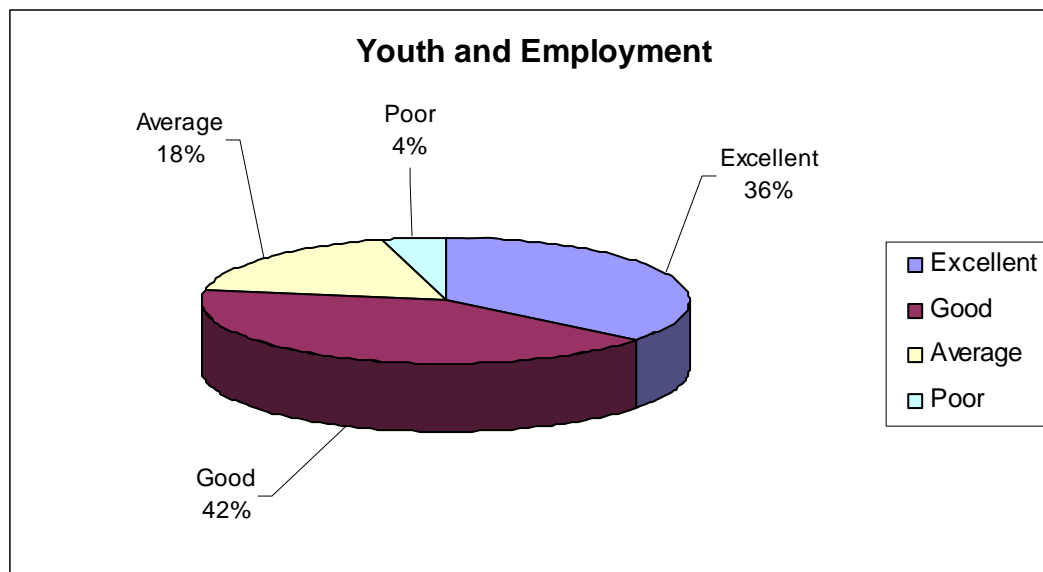
Participants were asked about each workshop and the logistics, their opinion are outlined in detail below.

3.2.1. Workshop contents

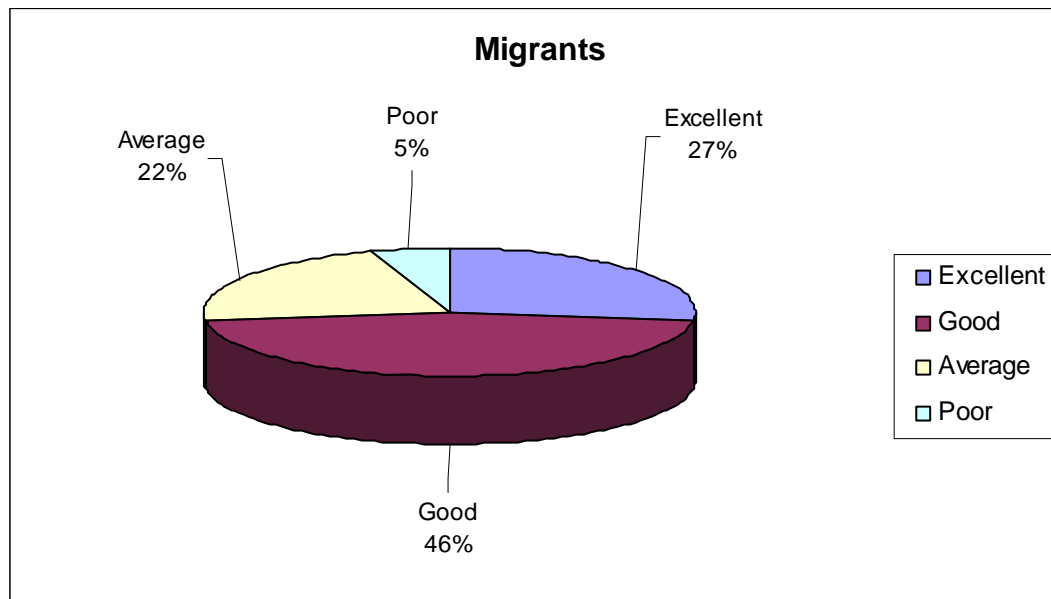
The workshops included both practical and theoretic activities. Their impact on participants was extremely positive, with a 91% satisfaction rating, mostly due to the highly valued content and the dynamics implemented by the facilitators who promoted a friendly atmosphere, allowing widespread interaction among participants from the very beginning.



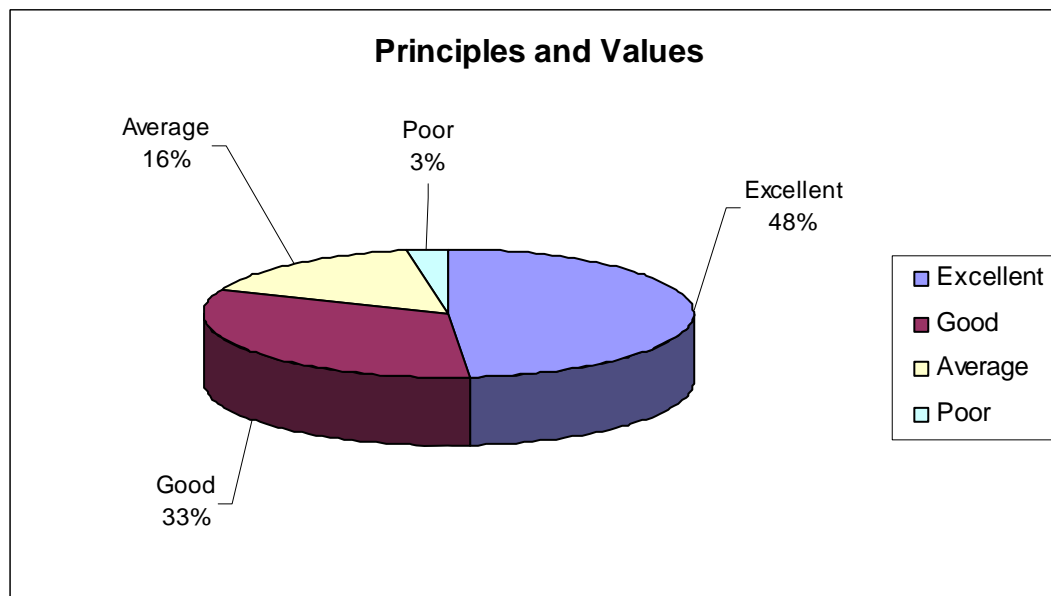
As the chart below shows, the first workshop, dedicated to the issue of Youth and Employment, was perceived as excellent or good by 78% of the participants.



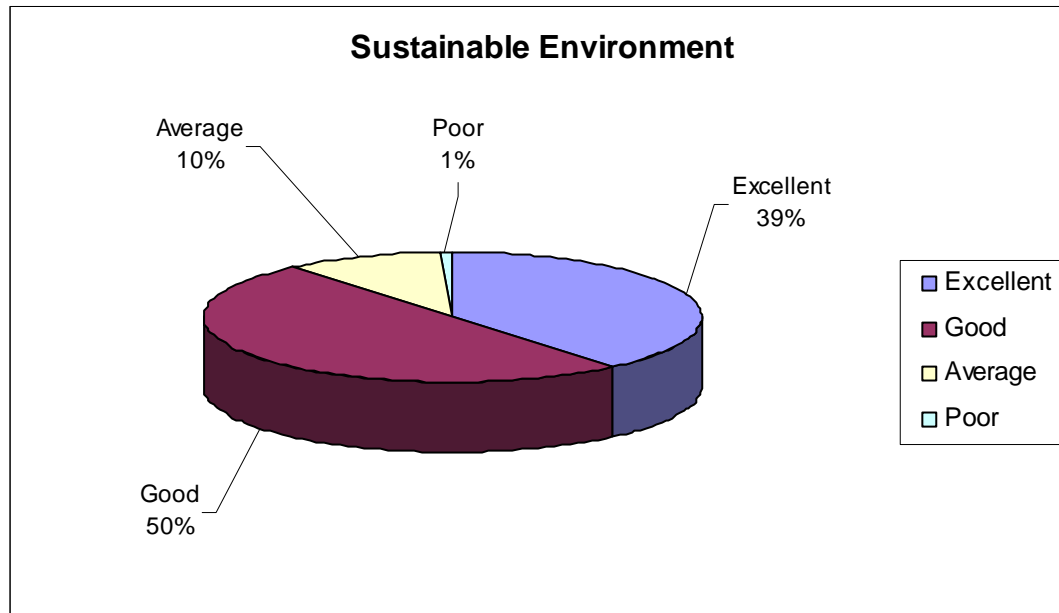
In regards the evaluation of the workshop on migrants, 73% of participants rated it as excellent or good, as the chart below demonstrates.



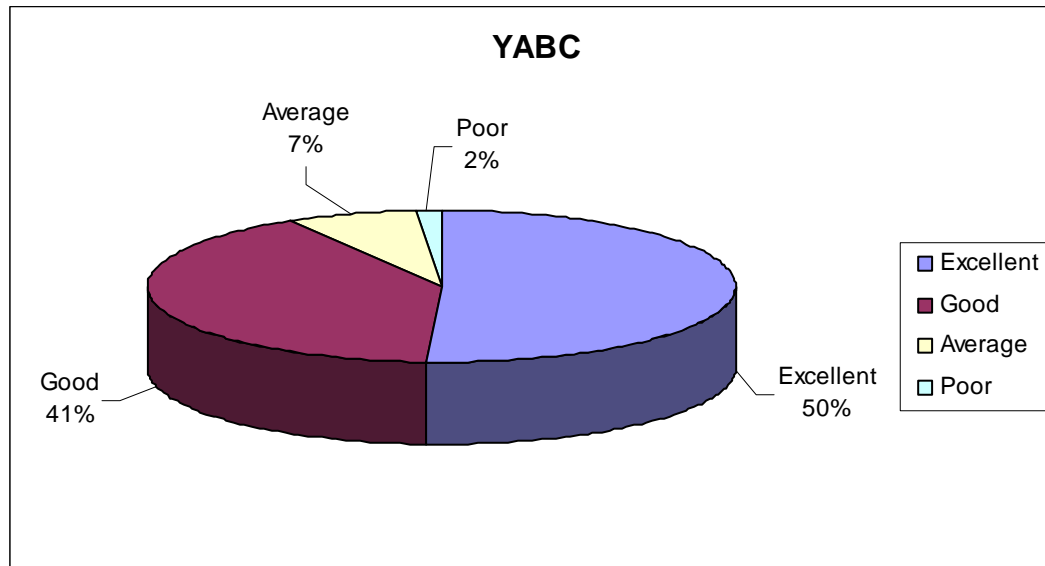
The Principles and Values Workshop received an 82% level of satisfaction rating between excellent and good, as participants demonstrated their appreciation for both the content and the multimedia tools used.



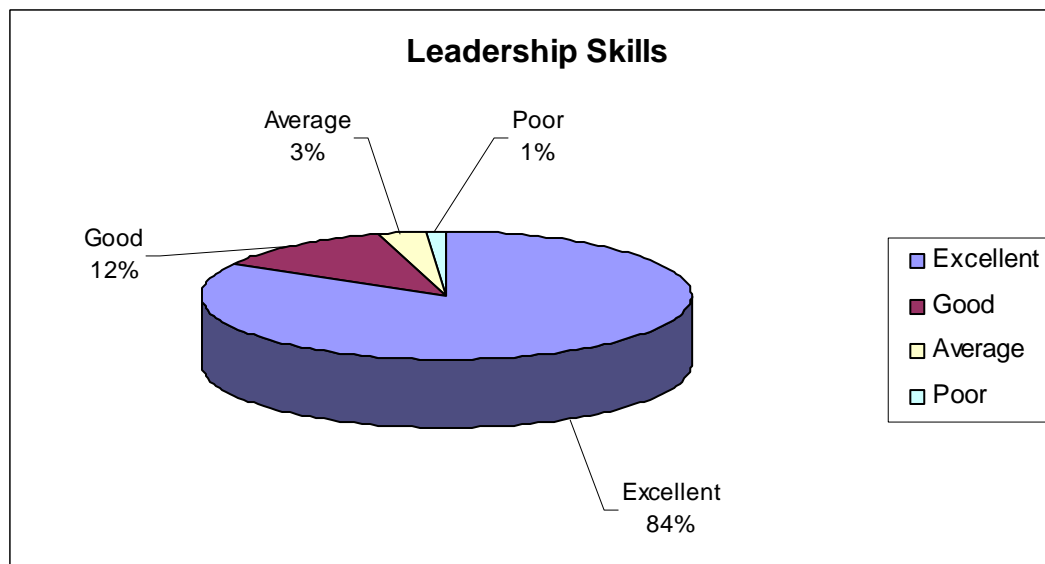
The evaluation of the Sustainable Environment Workshop was rated as follows:
89% of the participants evaluated it to be excellent or very good, as shown by
the chart below.



The YABC dynamics were very appreciated by participants, with 91% of
participants' rating it as excellent or very good.



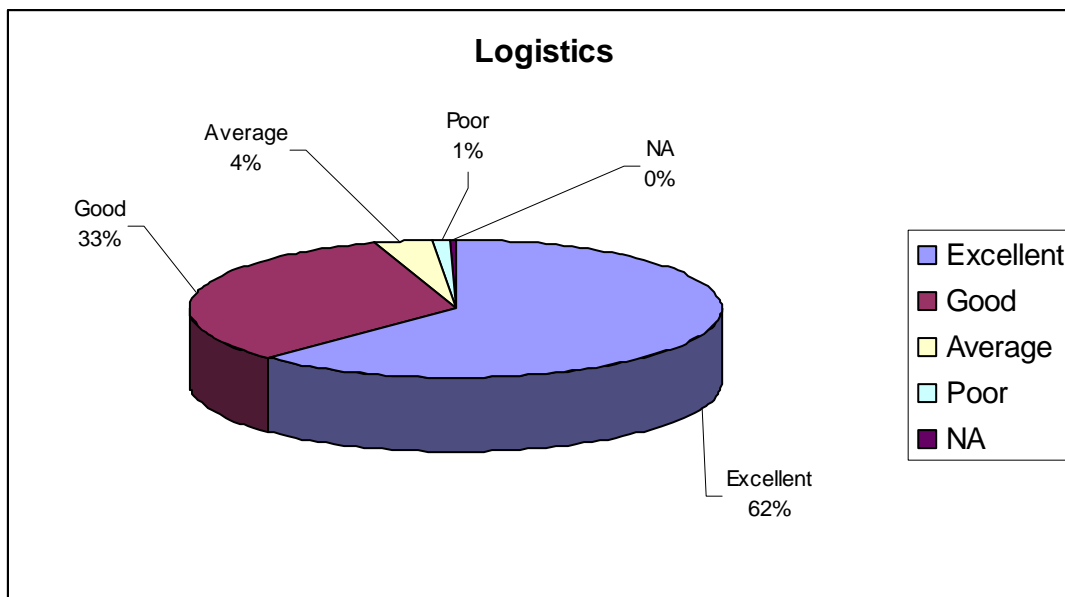
Among the most remarkable of the workshops, as far as participants' appreciation is concerned, was the one on Leadership Skills, valued excellent or good by 96% of participants.



3.2.2. Organization and Logistics

In regards to the organization and the logistics of the camp, the percentage of participants who considered it excellent or good was 95%.

The information received prior to the camp was considered adequate and the large majority of participants appreciated the services and quality of accommodations and meals. The leisure activities organized were also highly appreciated and so were the facilities provided, such as the working rooms and all related materials. The chart below shows the general evaluation of the logistics:



Follow up

Atlantis is one of the main RC/RC achievements in the Mediterranean in terms of intercultural dialogue. Its success depends on the rate of replication of the best practices exchanged and experiences shared. Youth have the potential to be, and are already acting as, agents of behavioural change within their communities. Their work must be reinforced and supported and we hope to uphold those goals through the future editions of the camp, particularly in the upcoming Atlantis VII that will be held in Tunis and focus on the role on Youth Volunteering.

Cooperation among Mediterranean National Societies is chiefly important in order to face common challenges, and Atlantis VI has once more underlined its position as an essential meeting from which both national and host societies can benefit, acquiring further know-how to apply to their own local realities.

The topics dealt with in Atlantis VI will be included in the next CCM Action Plan 2011-2013 and their follow up will be guaranteed in already scheduled events, such as the Mediterranean Exchange on Social Inclusion to be held in Madrid and Valencia at the end of 2010 and other future events.

The present report will be distributed among RC/RC and all relevant parties and will be presented in the upcoming meetings the CCM will assist with such as the Youth Summit 2010, organized by the Asia Pacific and MENA Youth Network, held in Amman, Jordan from the 9th to the 17th of October, and "Our White Sea II", a Meeting for Representatives of Youth Organizations from the European Union and the Mediterranean, organized by the European Union Programmes Agency, to be held in Malta at the end of October 2010.

Both the CCM and the French Red Cross will be collecting information on follow-up initiatives. In six months time the CCM will send a further questionnaire to participating National Societies to learn about the implementation or the scheduling of any of the activities/programmes presented in the workshops, but also to find out how participants' involvement in youth programmes was further inspired after attending Atlantis VI. All the information collected will help the organization to focus and improve the activities for the next Atlantis Youth Camp of 2011, hosted by the Tunisian Red Crescent.

Centre for the Cooperation in the Mediterranean
Barcelona, 15 October 2010







ANNEX I

Invitation letter



CENTRE FOR THE COOPERATION
IN THE MEDITERRANEAN



Monday 29th April 2010

Dear President and Secretary General,

We have the pleasure to invite your National Society to participate, with two Youth representatives, to the **Mediterranean Youth Camp "Atlantis VI"** that will be held in Marseille (France), from the 24th to 31st of July 2010.

The camp, hosted by the French Red Cross and organised with the Centre for the Cooperation in the Mediterranean, is the sixth edition of the Mediterranean youth camp Atlantis as recommended by the IXth Mediterranean Conference in Athens and confirmed during the last Mediterranean Conference in Croatia.

"Atlantis camp" is an annual occasion for Youth volunteers of all Mediterranean National Societies to develop their humanitarian capacity through sharing experiences, information and opinions. The camp is also a good chance to promote intercultural dialogue among Youth in the Mediterranean area and to ensure the ability of Youth to improve programs and structures to better respond to the needs in their communities.

This year the main topics of the camp will be related to **social inclusion**. Indeed, every day vulnerabilities are arising from new patterns of marginalisation, impoverishment, and insecurity, which are the consequences of climate change, environmental degradation, disasters, demographic change, urbanisation, violence, forced migration, access to food, water and natural resources as well as known and new diseases.

The organization will cover accommodation and meals for all participants. **For any other support, please contact previously the Centre for the Cooperation in the Mediterranean.**

You will find attached the draft program and the application form. Practical information will follow. In order to ensure an appropriate organization we would like to ask you to give us your reply with the fulfilled application form at the least on **1 June**. Should you need any further information, please contact the Centre for the Cooperation in the Mediterranean (Roberta Fusacchia - Youth Officer) at rfusacchia@cruzroja.es

Best regards,

Marta Corachán
Vice President
Centre for the Cooperation
in the Mediterranean

Professor Jean-François MATTEI
President of the French Red Cross



ANNEX II

Terms of reference



CENTRE FOR COOPERATION
IN THE MEDITERRANEAN



TERMS OF REFERENCE

ATLANTIS VI

Mediterranean Youth Camp of the Red Cross/ Red Crescent

“Young people sharing best practices and strengthening network on social inclusion”

Marseille (France), 24th -31st July, 2010

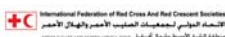
Summary

The Centre for Cooperation in the Mediterranean (CCM), in partnership with the French Red Cross will organize the sixth edition of the ATLANTIS youth camp. This event will take place in France the last week of July, 2010.

ATLANTIS is an encounter of the Mediterranean Youth of the Red Cross and the Red Crescent which has consolidated itself as a mandatory meeting point for intercultural dialogue and exchange of experiences in the region. Five National societies from the Red Cross/Red Crescent have already hosted ATLANTIS in its previous editions: the Italian Red Cross, the Turkish Red Crescent, the Syrian Red Crescent, the Red Cross of Serbia and the Moroccan Red Crescent.

The 2010 Edition of ATLANTIS will be devoted to topics regarding social inclusion in the Mediterranean area, because “Social exclusion is a multidimensional process of progressive social rupture, detaching groups and individuals from social relations and institutions and preventing them from full participation in the normal, normatively prescribed activities of the society in which they live”.¹ In order to prevent this, it is important to raise awareness about the dangers of social exclusion and to teach skills that help to overcome the effects of discrimination within communities.

¹ [Hilary Silver, “Social Exclusion: Comparative Analysis of Europe and Middle East Youth,” Middle East Youth Initiative Working Paper \(September 2007\), p. 15](#)



UN International
Year of Youth



Apart from this, the need to concentrate efforts on prevention, raising awareness on topics regarding the social inclusion that young generations, international organizations, the civil society and states pay on this subject, will also be discussed.

Participants profile

The requested profile of participants is:

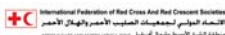
- ☛ Youth volunteers between 18 and 30 of age;
- ☛ Able to communicate in English, in order to actively participate in working groups, role-plays, etc.
- ☛ Youth volunteers that:
 - play an active role in their National Society;
 - are involved in programmes focused on at least one of the topics of the youth camp;
 - are able to work in a team with other participants and take an active part in discussions
 - are ready to interact in an intercultural context and are open to inner experience a process of positive change of mindset

Thematic Context

Red Cross and Red Crescent National Societies reflect the diversity of their catchment populations, ensure effective participation by vulnerable groups, strive for gender equality, promote intercultural dialogue and harmony, advocate the Fundamental Principles, disseminate International Humanitarian Law, and build capabilities in humanitarian diplomacy to address public policies and practices that exclude and alienate. Respect for differences is promoted through countering prejudice and encouraging non-violent approaches to bridging these differences.

Every day vulnerabilities are arising from new patterns of marginalisation, impoverishment, and insecurity, which are the consequence of trends in climate change, environmental degradation, disasters, demographic change, urbanisation, violence, forced migration, access to food, water and natural resources as well as known and novel diseases.

The International Federation of Red Cross and Red Crescent Societies (IFRC) is looking to address these issues by putting into place the





CENTRE FOR COOPERATION
IN THE MEDITERRANEAN



Strategy 2020. One of the three pillars that support this strategy is to promote social inclusion. The aim is to permit everyone to develop their full potential and lead productive and creative lives in dignity, according to their needs and choices, while discharging their obligations and realising their rights. This requires changing the attitudes and mindsets that drive our ways of living, and building associated social and institutional capacities.

From its side, the Mediterranean Conference of Red Cross and Red Crescent is paying special attention to the work towards social inclusion of the most vulnerable. In this regards, one of the topics discussed during the last XI Mediterranean Conference comprised the Social effects of the global economical crisis. The Conference tackled several aspects of the question, such as poverty reduction, employment or migration, among others.

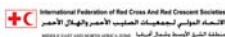
At the same time, the French Red Cross and the CCM are devoting 2010 for activities en favour of Social Inclusion, with programs with the community, awareness campaigns and sharing of experiences.

Considering these premises, the French Red Cross and the Centre for Cooperation in the Mediterranean have agreed to devote the 2010 edition of the ATLANTIS Mediterranean Youth Camp of the Red Cross/Red Crescent to Social Inclusion topics.

Objectives

The Mediterranean youth camp, ATLANTIS VI, has the following specific objectives:

- To consolidate the capacities of the young people participating in order to encourage the implementation of practical actions related to Social Inclusion in each of the National Societies where they come from and to promote new initiatives and creative contributions from Youth.
- To express and share strategies, good practices, management ideas, communication and manners of serving local communities. To develop a new creative idea in order to reduce social exclusion at all levels of the society in the Mediterranean region.



UN International
Year of Youth



CENTRE FOR COOPERATION
IN THE MEDITERRANEAN



Format

Interactive and participative youth exchange with theoretical contents and practical sessions. The methodology will be participative, dynamic and not formal with the aim of creating a platform for discussion and contribution between young people developing the approach of the peer education

Dates

24th to 31st of July 2010

Place

Youth Training centre, Grans, Marseille. France

Facilitators

Considering the intercultural exchange character of ATLANTIS, and following a well established tradition of the preceding editions, the team of facilitators will be international and consist of experts and leaders of the Youth Red Cross/ Red Crescent, with training and specific practice in the tackled subjects.

The participation of other components of the Red Cross/ Red Crescent Movement, with distinctive experience regarding climate change, will be envisaged.

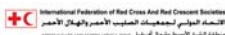
Working language

English

VISA procedures

For those Mediterranean nationalities which need a VISA to enter France (Albania, Algeria, Bosnia-Herzegovina,, Egypt, Libya, Lebanon, Morocco, Palestine, Syria, Tunisia, Turkey) it is strongly encouraged to apply as soon as possible as the VISA issuing process might take a long time. Please check with the French embassy of your country for more details as the duration of this process varies from one country to another.

Barcelona, May 2010



UN International
Year of Youth

ANNEX III

Draft program

Program

	24th July	25th July	26th July	27th July	28th July	29th July	30th July	31st July
7:30 - 8:00		Qi-Gong	Qi-Gong	Qi-Gong	Qi-Gong	Qi-Gong	Qi-Gong	Qi-Gong
8:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00 - 11:00	Arrival of Participants	A - Youth and Employment B Sustainable Environment	A - Youth and Employment B Sustainable Environment	Sharing of best practices among NNSS	E x c u r s i o n	A - Principles&Values B - Migrants	A - Principles&Values B - Migrants	Conclusions/ Final evaluation
11:00 - 11:30		Break	Break	Break		Break	Break	
11:30 - 13:00		A - Youth and Employment B Sustainable Environment	A - Youth and Employment B Sustainable Environment	Sharing of best practices among NNSS and special sessions		A - Principles&Values B - Migrants	A - Principles&Values B - Migrants	
13:00		Lunch and Break	Lunch and Break	Lunch and Break		Lunch and Break	Lunch and Break	
15:30 - 16:30	Opening Ceremony - Welcome and Presentation	A - YABC B - Leadership skills	A - YABC B - Leadership skills	IFRC Violence Strategy's Presentation - North Africa YABC/P&V/Migration focus programme	E x c u r s i o n	A - Leadership skills B - YABC	A - Leadership skills B - YABC	Departures
16:30 - 17:00		Break	Break	Break		Break	Break	
17:00 - 18:30		A - YABC B - Leadership skills	A - YABC B - Leadership skills	Visit to the Salon Castle		A - Leadership skills B - YABC	A - Leadership skills B - YABC	
18:30		Break	Break			Break	Break	
20:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:30	Free time	Terra game	Cultural flea market	Free time	Free time	Raid Cross	Music night	

ANNEX IV

Application form



CENTRE FOR THE
COOPERATION
IN THE MEDITERRANEAN



ATLANTIS VI

APPLICATION FORM

Participants are kindly required to fill all parts of this application form.

PARTICIPANT'S DETAILS

NAME					
FAMILY NAME					
Date of Birth (dd/mm/yyyy)		SEX	M <input type="checkbox"/>	F <input type="checkbox"/>	
National Society		Position in the RC			
Address					
Postal Code		City			
Country		Nationality			
Study Qualification		Employment			
<u>CONTACT WAY</u>					
Mobile Phone Number *					
Work Phone Number *					
Home Phone Number *					
FAX Number *					
Email address					
Skype					
* with full international dial code					



UN International
Year of Youth



CENTRE FOR THE
COOPERATION
IN THE MEDITERRANEAN



<u>LANGUAGES KNOWLEDGE</u>				
ENGLISH	<input type="checkbox"/> beginner	<input type="checkbox"/> intermediate	<input type="checkbox"/> advanced	<input type="checkbox"/> mother tongue
T-shirt size	XS – S – M – L – XL			

**Please indicate the name and full contact details of a person
to be contacted in case of emergency during the course**

Name

Relationship

Complete
Address

Postal Code

Town

Country

Phones

1)

2)

3)

E-mail

<u>SPECIAL NEEDS - please specify</u>			
Allergies			
Food needs (any intolerance or religious obligations)		Vegetarian	<input type="checkbox"/> yes
		Vegan	yes

Permanent Medical Treatments (daily, weekly...)



UN International
Year of Youth



CENTRE FOR THE
COOPERATION
IN THE MEDITERRANEAN



Medicine Intolerance
Please specify any other special need:

National Society Authorisation (COMPULSORY FOR EVERY PARTICIPANT)

The undersigned (name, surname) _____

Position: _____

AUTHORISES

the participation of the above applicant in the Mediterranean Youth camp "Atlantis VI"

Signature



UN International
Year of Youth



CENTRE FOR THE
COOPERATION
IN THE MEDITERRANEAN



Please write a short paragraph on your motivation to participate in this camp

In what programs are you involved inside your National Society?

What are your objectives and expectations?

Which will be your contribution to the success of the training course?

How are you going to use the knowledge acquired during the meeting for the benefit of youth programs in your NS?"

Previous international experiences:



UN International
Year of Youth



CENTRE FOR THE
COOPERATION
IN THE MEDITERRANEAN



Please take note of the following conditions to take part in the training course

I commit myself to participate in the whole process, including:

- to prepare myself carefully for the training course and to do all remote preparation work the team will ask for,
- to take part for the entire duration of the training course,
- to participate in the whole evaluation and follow-up process.

I am aware that it is my responsibility to subscribe a health and full travel insurance. I understand that the information I provided for my special needs does not exclude my own personal responsibility for ensuring my own health.

Date and Signature_____

Please return the application form duly completed by
fax or preferably
by email:

Centre for the Cooperation in the Mediterranean
Av. Puerta del Ángel nº 7
08002, Barcelona, Spain
e-mail: rfusacchia@cruzroja.es
tel: +34.93.302.15.85
fax: +34.93.302.20.75

**Deadline for submitting the form
is 1st June**



UN International
Year of Youth

ANNEX V

Visa assistance form

	<p>CENTRE FOR THE COOPERATION IN THE MEDITERRANEAN</p>	 croix-rouge française
---	--	--

Atlantis VI

VISA ASSISTANCE

NAME		FAMILY NAME	
PASSPORT NUMBER		Place of Issue	
Date of Issue (dd/mm/yyyy)		Date of Expiry (dd/mm/yyyy)	
Contact details of French embassy in your country			

**PLEASE PUT A COPY OF THE FIRST PAGE OF THE PASSPORT (including photo) OR
SEND IT SEPARATELY**

ANNEX VI

Practical Information sheet

PRACTICAL INFORMATION

Mediterranean Youth Camp Atlantis VI

Grans – France
24th – 31st July, 2010

Dear Youth Participants,

After a fruitful preparation process, we are ready to start our adventure in Atlantis VI.

First of all, we really want to thank your National Societies to have allowed your participation on the **sixth edition of the Mediterranean Youth camp "Atlantis", organized by the Centre for the Cooperation in the Mediterranean (CCM) together with the French Red Cross.**

Only a few days until the start of the camp and we hope you are as excited as we are to meet new RC/RC friends, to share knowledge and experiences, and to receive a good level of training during the workshops in order to improve our capacity to respond to the needs of the most vulnerable people.

Don't worry: you will work a lot but you will also have some chances to enjoy the sights and local culture, and to have fun!!!

In order to facilitate your preparation for the camp we would like to give you some essential information:

1. Agenda and facilitators

The topics of the camp will be mainly focussed on how to improve the social inclusion in different aspects and face the consequences of marginalization as well as exclusion of the most vulnerable. The team of facilitators will be international and consist of experts and leaders of the Youth Red Cross/Red Crescent, and other international organisations, whom have training and specific practical experience in the tackled subjects, like the European Institute of the Mediterranean and UNESCOcat.

The international team of facilitators is composed as follows:

Workshop on Youth and Employment → Ms Sandra Camus and Ms. Maria Martinez (Spanish Red Cross in Catalonia).

Workshop on Migrants → Ms. Marta Burgos, IEMed (International Institute of Mediterranean Studies)

Workshop on Principles and Values → French Red Cross

Workshop on Sustainable Development → Ms. Montserrat Besnard, UNESCOCAT (the UNESCO Centre in Catalonia)

Workshop on Youth as Agents of Behavioural Change → Ms Sandra Levine (French Red Cross) and Ms. Charlotte Tocchio (IFRC P&V Department).

Workshop on Leadership → Mr. Marcello Sgroi (Italian Red Cross) and Mrs Roberta Fusacchia (CCM)

As you can see in the agenda of Atlantis VI, there will be four parallel workshops in the morning and two parallel workshops in the afternoon. At the beginning of the camp you will be asked to choose which workshops you would prefer to attend. Please take into consideration the following:

As far as possible, we would appreciate that delegations split up and attend different workshops in morning sessions. You are free to coordinate with your fellow delegates and choose your workshop. For the workshops in the afternoon, as you will see in the program, you will have the chance to participate in both of them.

Don't worry, the program will be fully explained during the welcome to Atlantis VI on Saturday 24th. Should you have any questions and/or doubts that will be the time to ask!

Please study carefully the agenda before your arrival. In the next few days we will also send you the frameworks of content of the workshops and we would appreciate if you could have a look at the links the facilitators have provided for their workshops in order to have more specific ideas of the backgrounds of the targeted topics.

As we have already asked you in a previous e-mail, please remember to bring with you visibility materials, publications and information from you National Society about current or past projects/activities on social inclusion, as you will be asked to give a brief 5 to 10 minutes presentation. Power point presentations and/or videos will be fully encouraged.

An "intercultural flea market" will be set up by all the participants on the evening of 26th July to allow National Society delegates to present their Youth activities and programmes. Each NS will have the opportunity to decorate a little space, therefore bring all the materials you consider useful for this purpose (posters, flags, photos, leaflets, etc.). You can also bring (a small amount of) typical food and beverages from your country. Bring also a CD or Mp3 with music which is typical of your country, we will play and listen them during the event.

2. Participants

There will be approximately 60 young participants coming from the Mediterranean Red Cross and Red Crescent National Societies; selected between those who are actively involved in the development of programmes and activities of their Youth Branch. Therefore, **please come prepared to work hard, to learn a big amount, to share your knowledge, to be open minded and flexible, to make new friends, and to develop new partnerships**, which will all help you and your fellow youth members in being dynamic models of change for your community and better responding to the current humanitarian challenges.

3. Location/Transfer

Atlantis VI will take place in Grans (is a village in the Bouches-du-Rhône department in southern France, near to Marseille). The venue will be at a youth hostel facilities in a rural environment:
<http://www.domainedepetite.com/>

The international participants will arrive on the 24th of July to Marseille International Airport (Marseille Provence Airport).

The French Red Cross team, identified by the emblem, will take care of the transportation of participants to Grans.

Remember to regulate your watch for the local time!

4. Accommodation/meals/weather/leisure time

Accommodation and meals will be at the Youth Hostel in Grans and fully covered by the organizers. Please make sure to contact one staff member upon your arrival for registration and remind us any special needs you may have concerning food, if it is the case.








Participants will be accommodated in shared rooms, however not all rooms are equipped with a private washroom. Some will contain the full washroom, others simply a washing sink. There will also be a communal shower room on each floor. The maximum number of participants per room will be 4. Bed sheets and towels will be provided. Should you need an additional towel for personal use, please bring it with you.

Internet access will be available in the Hostel. However please note that there are no available computers for general use.

An excursion will be organized on July 28th. The French Red Cross is in charge of the whole organization of this and further details will be given to you directly in Grans.

5. Baggage






Don't forget to put in your luggage:

-  **Passport** and flight ticket
-  Personal toiletries (soap, toothpaste, extra towel etc.)
-  **Personal medication (if needed)**
-  Sun cream with high protection
-  Bathing suit for the excursion
-  Light and comfortable clothing
-  Insect repellent



**Centre for the Cooperation
in the Mediterranean**



-  T-shirt of your National Society
-  Useful reports of activities (electronic version), presentation, videos and so of your NS that you want to share with the other participants during the seminar.
-  Gadgets of your NS
-  Music and musical instruments (if possible) of your country
-  Money you need for personal use (purchases, gadgets etc). It is better to bring with you euros or dollars or to change money directly in your country. The local currency is EURO.

6. Contact

For more details or support, please contact Roberta Fusacchia (Youth Desk at the Centre for the Cooperation in the Mediterranean - CCM). The CCM staff will also be composed by Ariana Potrafki, Silvia Piscitelli and Nour Oughlli. The four of us will be at your disposal for any question or concern you may have. The Director of the CCM – Ms Amelia Marzal – will also be visiting the camp to share this experience with all of us.

Roberta Fusacchia
Mobile: +34. 647687925
Email: rfusacchia@cruzroja.es

Thanks for your support! Start to enjoy Atlantis VI from now and see you soon!

The Youth Desk



International Federation of Red Cross And Red Crescent Societies
الاتحاد الدولي لجمعية الصليب الأحمر والهلال الأحمر
منطقة الشرق الأوسط وشمال أفريقيا



ANNEX VII

List of participants



**Centre for the Cooperation
in the Mediterranean**

Atlantis VI_participants list



n.	National Societiy	Name	Email
1	Algeria RC	Kamel Souig	kamelsouig@gmail.com
2	Andorra RC	Alba Valero Villarón	doxys_lag@hotmail.com
3	Andorra RC	Salima El Khattabi Iglesias	voluntariat@creuroja.ad
4	Bosnia-Herzegovina RC	Srdjan Rajak	srdjan.rajak@yahoo.com
5	Bosnia-Herzegovina RC	Amir Draganovic	amir_draganovic@hotmail.com
6	Egyptian RC	Ahmed Abdel Monem Mohamed Rakha el Dawy	el_fatth_2012@yahoo.com
7	Egyptian RC	Fatma Magdy Abdel Ghani Atwa	fatma88magdy@yahoo.com
8	French RC	Laetitia Bechet	laetitiabechet@yahoo.fr
9	French RC	Ludovic Magerand	ludovic.magerand@croix-rouge.fr
10	French RC	Gaëtan Congar	gaetangaet@hotmail.fr
11	French RC	Matthieu Delanef	matthieu.delanef@croix-rouge.fr

12	French RC	Heloise Roulet	heloise.roulet@hotmail.fr
13	French RC	Jean Merlin Kandi	merlin.kandi@hvf-bs.net
14	French RC	Delphine Riant	delphine_riant@hotmail.fr
15	French RC	Marie Esther Rouffet	marie.esther.rouffet@croix-rouge.fr
16	French RC	Nadica Rinic	rnadica@hotmail.com
17	French RC	Marie Momplé	t87monple@gmail.com
18	Hellenic RC	Georgia Gliati	georgiagliati@yahoo.gr
19	Hellenic RC	Anthi Danai Spathoni	wizdare@hotmail.com
20	Italian RC	Martina Vertuccio	martina.vertuccio@tiscali.it
21	Lebanese RC	Lama Srour	lama.srour@redcross.org.lb
22	Lebanese RC	Elise Abdallah	elizeabdallah@hotmail.com
23	Libyan RC	Elshaafi Muftah Abdulgader	frees1_world@yahoo.com
24	Malta RC	Sara Portelli	sar.por@hotmail.com
25	Moroccan RC	Ali Amziane	amziane@gmail.com
26	Moroccan RC	Yassine Assouali	assouali.m@gmail.com
27	Palestine RC	Mohammad Abumosabeh	public_relations@palestinercs.org
28	Palestine RC	Mohammad Al-Fetiani	public_relations@palestinercs.org
29	Portuguese RC	Duarte Soares	duartedasilvasoares@sapo.pt
30	RC of Monaco	Christophe Martinerie	martineriechristophe@yahoo.fr

31	RC of Monaco	Myriam Landau	myriam.landau@gmail.com
32	RC of Monaco	Elodie Perisi	elodi250788@hotmail.com
33	RC of Monaco	Audrey Papucci	audrey.papucci@gmail.com
34	RC of Serbia	Veljko Zivkovic	weljko_ts@hotmail.com
35	RC of Serbia	Darija Vukovic	darijavukovic88@gmail.com
36	Syrian Arab RC	Farah Ismael	f.ismael@live.com
37	Tunisian RC	Ahmed Mezghanni	ahmedcrt5@yahoo.fr
38	Photo Contest winner	Maria Jose Trepillo Suarez	quitatdi@hotmail.com



**Centre for the Cooperation
in the Mediterranean**

Atlantis VI_facilitators/staff List



n.	National Society/Organization	Name	Email
39	CCM	Amelia Marzal Torres	amarzal@cruzroja.es
40	CCM	Roberta Fusacchia	rfusacchia@cruzroja.es
41	CCM	Ariana Potrafki	apotrafki@cruzroja.es
42	CCM	Silvia Piscitelli	spiscitelli@cruzroja.es
43	CCM	Nour Oughlli	noor.ogly@gmail.com
44	CRE cat	Sandra Camus Rodriguez	sandracamus@creuroja.org

45	CRE cat	Maria Martinez Garcia	mariamartinezg@creuroja.org
46	CRI	Marcello Sgroi	marcelitos@virgilio.it
47	CRF	Camille Mortreux	Camille.Mortreux@croix-rouge.fr
48	CRF	Caroline Soubie	Caroline.Soubie@croix-rouge.fr
49	CRF	Martine Lorena	martine.lorena@croix-rouge.fr
50	CRF	Julie Trouvé	julie.trouve@croix-rouge.fr
51	CRF	Marie-reine Bayiha Bamseck	bayihamreine@hotmail.fr
52	CRF	Nazli Sanier	nazli.sannier@croix-rouge.fr
53	CRF	yannick LeCoz	yannick.Lecoz@croix-rouge.fr
54	CRF	Maurice Zouaghi	maurice.zouaghi@croix-rouge.fr
55	CRF	Benoit Mounier	
56	CRF	Didier Pazery	
57	CRF	Jérôme Piron	
58	CRF	Eric Dutheil	
59	IFRC P&V	Charlotte Tocchio	charlotte.tocchio@ifrc.org
60	IFRC Mena Zone	Soufia Galand	soufiag@hotmail.com
61	IFRC Europe Zone	Giovanni Zambello	ezo.communications@ifrc.org
62	IEMed	Marta Burgos	martabures@yahoo.com
63	UNESCOCAT	Montserrat Besnard	m.besnard@unescocat.org

with the support of



International Federation of Red Cross And Red Crescent Societies
الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر
 منطقة الشرق الأوسط وشمال أفريقيا MIDDLE EAST AND NORTH AFRICA ZONE

ANNEX VIII

Frame of contents of the workshops

MEDITERRANEAN YOUTH CAMP ATLANTIS VI
-Social inclusion -

Grans –Marseille 24th to 31st July 2010

Session

Exposition of Best Practices – facilitated by CCM

Speakers: Andorra Red Cross, Bosnia and Herzegovina Red Cross, Egyptian Red Crescent, French Red Cross, Greek Red Cross, Italian Red Cross, Lebanon Red Cross, Libyan Red Crescent, Moroccan Red Crescent, Monaco Red Cross, Palestine Red Crescent, Serbia Red Cross, Syrian Red Crescent, Tunisian Red Crescent, the Centre for the Cooperation in the Mediterranean. .

Date

27th July 2010

Time

From 9:00 to 13:00

Working language

English

Objective:

Each delegation will present its National Society, its Youth Department and the activities in the field of social inclusion.

The objective of the session is to learn more about the structure and the activities of the each of the participant National Societies and sharing and discuss on the best practices.

Format

- 10 minutes presentation per National Society
- One group of 60 people
- Actively participation of the youth
- Presentation supported by ppt and audiovisual materials, if possible
- Particular attention to the intercultural dialogue
- Peer education

Contents

- generic presentation of the National Societies
- generic presentation of the Youth Department
- presentation of the activity carry out on blood donation
- group interaction

Framework

Andorra Red Cross

Bosnia and Herzegovina Red Cross

Egyptian Red Crescent

French Red Cross

Greek Red Cross

Italian Red Cross

Lebanese Red Cross

Libyan Red Crescent

Monaco Red Cross

Moroccan Red Crescent

Palestine Red Crescent

Red Cross of Serbia

Syrian Arab Red Crescent

Tunisian Red Crescent

CCM

MEDITERRANEAN YOUTH CAMP ATLANTIS VI -Social inclusion-

Grans –Marseille 24th to 31st July 2010

Session

Leadership skills, facilitated by Marcello Sgroi (Italian Red Cross Youth)

Date

25th and 26th July (first group)

29th and 30th July (second group)

Time

From 15:30 to 18:30 (all the days)

Working language

English

Objective:

By enhancing the skills of the youth in the areas of leadership, voluntary service, management, and communication, during the seminar the participants will be able to use their creative idea and collaboration. Communication tools will be used to emphasize the spirit of team work and to allow the achievement of the results during working meetings.

Leadership is an attitude, is a way to live and think inspiring itself and people, making everyone full responsible of his decision and life.

The aim of the workshop is to make everyone fully aware of the way to relate to others, the way to be part of a team, the way to share leadership. Relationship is a key area which every leader should auto-reflect on.

The training method that will be used is inspired to the theatre of the Oppressed and other technique for the training of the actor. It is highly preferred a no cognitive way to learn based on the body, the music, and the team building.

Creativity will be stimulated as “way of being”.
It is suggested light dress.

Format

- 2 hours and 30 minutes each day for a total of 5 hours in total
- Two group of 30 people. Each group will participate to one session of two days (5 hours) and then the facilitator will repeat the session the other two days for the second group.
- Actively participation of the youth
- Particular attention to the intercultural dialogue
- Peer education

Contents

- communication with the youth
- peer education
- team working
- games -exercise from TdO (theatre of the oppressed):
- trust games and shared leadership
- body awareness and consciousness, non verbal communication, games

Framework

In FEDNET:

https://fednet.ifrc.org/graphics/Fednet_files/Organisational_Development_11/Youth/documents/step-by-step-english.pdf

https://fednet.ifrc.org/graphics/Fednet_files/Organisational_Development_11/Skillshare/Skillshare_2005/David%20Wenner_Overcoming%20the%20barriers%20to%20Nonprofit_Effectiveness.pdf

<https://fednet.ifrc.org/sw35751.asp> Article IN SEARCH OF GOOD POLITICAL COMMUNICATION AND LEADERSHIP by Jean-Marc Coicaud

https://fednet.ifrc.org/graphics/Fednet_files/NS_dev/LDC/2009/EN/Lunch%20symposium%20on%20Leadership%20and%20Management/Prof.%20Adei%20Lecture%20Marks%20of%20success%20in%20leadership%20and%20management.pdf

Suggested Bibliography:

Paulo Freire: The pedagogy of the oppressed

Thomas Gordon: Leader effectiveness

Augusto Boal: Theatre of oppressed
 Enzo Bianchi: Verso un'etica condivisa
 Enrico Peyretti: Il diritto di non uccidere
 Anna Chesner: The handbook of drama Therapy
 Christopher Achenbach: Creative music in group work

MEDITERRANEAN YOUTH CAMP ATLANTIS VI
-Social inclusion -

Grans –Marseille 24th to 31st July 2010

Session

Migrants – facilitated by Marta Burgos (IEMed)

Date

29th and 30th July 2010

Time

From 9:00 to 13:00 (the two days)

Working language

English

Objective:

In order to promote cooperation between people of different ethnicities and races, knowledge must be gained about what makes the culture different. Ignorance is the centre for racism, therefore knowledge is what eliminates such behaviour.

The objective of this workshop is to promote cooperation and understanding between different people. Respect is developed when people of dissimilar environments find similarities between their cultures and overall expand their characteristics and personalities into a more ideal and cultured individual.

The drafting of a conclusion document carried out by the participants.

Format

- 3 hours and 30 minutes each day for a total of 7 hours
- One group of 30 people.
- Actively participation of the youth
- Particular attention to the intercultural dialogue
- Peer education

Contents

More and more people from different cultures are on the move from country to city and from poorer to richer nations all over the world. Causes like poverty, diseases, wars, unemployment, among others, drive men, women, and children to leave their homes in search of a better life and future. Migration is becoming in one of the major challenges of the 21st century, both the migrant person and the community to which a migrant eventually settles are challenged alike.

In order to have complete cooperation and a positive outlook on different cultures, education must be an integral factor. Many of these migrants leave their home countries for various reasons in order to find a more productive and successful way of life. Prejudice and Racism can be avoided by cooperation between the different cultures and ethnicities. .

Undocumented Immigration has become a large topic in Europe, with emphasis resting especially on Italy. Immigrants from Northern Africa as well as Eastern Europe and the Middle East are flooding into Western and Central Europe to escape the conditions of their home countries. This causes unrest in the invaded countries and the government systems as a whole. Similar situations are faced in the United States of America, where the state of Arizona is currently legally battling with millions of illegal immigrants from Mexico.

Immigration has become a universal issue and the prejudice brought on by the host countries of the illegal immigrants does not help solve the matter what so ever. Cooperation must be sought in order to form a peaceful agreement between countries on the matter of immigration.

Framework

International Federation of the Red Cross/Red Crescent Societies

[Migrant Rights International](#)

[Organisation for Economic Cooperation and Development: Migration](#)

MEDITERRANEAN YOUTH CAMP ATLANTIS VI
-Social inclusion -

Grans –Marseille 24th to 31st July 2010

Session

Principle & Values– facilitated by the French Red Cross

Date

29th and 30th July 2010

Time

From 9:00 to 13:00 (the two days)

Working language

English

Objective:

To Increase the knowledge of participants about the Movement and our Principles & Values; and increment their capacity to application in daily RC/RC task.

To achieve a shared vision of participants on how to make better use of Principles and Values as a tool for positive change at community level.

Format

- 3 hours and 30 minutes each day for a total of 7 hours
- One group of 30 people.
- Actively participation of the youth
- Particular attention to the intercultural dialogue

- Peer education

Contents

The International Federation has embarked on a consistent and inspirational approach to promoting humanitarian values and the seven Fundamental Principles of the Red Cross and Red Crescent Movement. This has been identified as one of the four core areas of activity for each National Society and for the International Federation under *Strategy 2010*.

The seven Fundamental Principles are; humanity, impartiality, neutrality, independence, voluntary service, unity and universality

The aim is to influence the behaviour of the people we work with, through a better understanding of the Fundamental Principles and humanitarian values. The three main target groups are those working within Red Cross Red Crescent societies, public and private authorities, and members of the communities where we work.

Some ideas:

- short briefing on RC/RC Movement
- practical application of Fundamental Principles
- Practical application of Values

The drafting of a conclusion document carried out by the participants.

Framework

International Federation of the Red Cross/Red Crescent Societies

Principles and Values Department <http://www.ifrc.org/what/values/index.asp>

**MEDITERRANEAN YOUTH CAMP ATLANTIS VI
-Social inclusion-**

Grans –Marseille 24th to 31st July 2010

Session

Sustainable Environment facilitated by Montserrat Besnard (UNESCOCAT)

Date

25th and 26th July 2010

Time

From 9:00 to 13:00 (for the two days)

Working language

English

Objective:

Sustainable development is a pattern of resource use that aims to meet human needs while preserving the environment so that these needs can be met not only in the present, but also for future generations. Learning about how the choices one makes today affect the generations of tomorrow has a great impact on the way our world works and the changes to be made in order to preserve as well as improve a healthy environment. It is important to understand environment in a wide sense, not only meaning the natural ecosystems and resources around us, but also people and their interactions with people and nature. To have a healthy environment we have to fight at the same time for conservation and recovering of natural ecosystems, for improving peoples health and education, for justice and equity.

The goal of the United Nations Decade of Education for Sustainable Development (2005-2014, DESD), for which UNESCO is the lead agency, is to integrate the principles, values, and practices of sustainable development into all aspects of education and learning. This educational effort will encourage changes in behaviour that will create a more sustainable future in terms of environmental integrity, economic viability, and a just society for present and future generations.

This workshop will enable the youth to develop and contemplate ways to preserve and improve their environments. From water sustenance, to urban development, as well as understanding the climate and environmental changes that planet earth is undergoing all are a part of this important subject.

As important as understanding the socioecological challenges we face is recognizing that probably one of the main challenges is a matter of values and is in our minds: how do we want to live? What are our wishes, our expectations? What do we actually need to live well?

So in this workshop we will try to give answers to THE question: what can we do, as individuals and as civil society, to reverse the current trends towards social and ecological collapse? Our objectives then will be:

- Understanding the meaning of sustainability and some critical global challenges we are facing
- Reflecting about the causes of unsustainability and the possible ways out
- Giving some tools to “make people think and act”
- Building capacities and encouraging practical actions
- Drafting a conclusion document carried out by the participants.

Format

- 3 hours and 30 minutes each day for a total of 7 hours
- One group of 30 people.
- Actively participation of the youth
- Particular attention to the intercultural dialogue
- Peer education

Contents

Sunday 25th: Sustainability, climate change and water.

- Sustainable development /degrowth
- Education for sustainable development
- Environmental challenges
 - o Climate change
 - o Climate change in the Mediterranean
 - o Water in the XXIst century
- Educational resources

Monday 26th: Consumption, Corporate Social Responsibility and cultural change

- Materials economy: a linear system in a finite planet
- Corporate Social Responsibility
- The state of the world 2010.
- Transforming cultures: from consumerism to sustainability
- The power of social movements
- Draft conclusion document

Framework

Eco Sustainable References and Links

Institute for a Sustainable Environment

Sustainable Environment Foundation

Unescocat-UNESCO Center of Catalonia

United Nations Decade of Education for Sustainable Development

Living Planet Report (WWF)

Degrowth Paris declaration

MEDITERRANEAN YOUTH CAMP ATLANTIS VI
-Social inclusion -

Grans –Marseille 24th to 31st July 2010

Session

YABC – facilitated by Charlotte Tocchio (IFRC - P&V Department) and Soufia Galand (IFRC - North Africa Office)

Date

From 25th to 31st July 2010

Time

From 07:30 to 08:00 (all the days, Qi-Gong Session)

From 15:30 to 18:30 (all the days)

Working language

English

Objective:

To spread knowledge on and practice of YABC and how we can use this toolkit in our National Societies within our programs with youth in order to make a positive change on our communities.

Format

- 2 hours and 30 minutes each day for a total of 6 hours in total
- 30 minutes each morning Qi-Gong session
- Two group of 30 people. Each group will participate to one session of three days (6 hours) and then the facilitator will repeat the session the other three days for the second group.
- Actively participation of the youth

- Particular attention to the intercultural dialogue
- Peer education

Contents

The Centre for the Cooperation in the Mediterranean has a commitment towards the practices of respect for diversity, non violence, and social inclusion, a greater sense of respect is able to develop over the countries, allowing for more cooperation. Youth as Agents of Behavioural Change uses peer and non-cognitive education and integrates creative platforms for social mobilisation such as dance, drama, art and movement.

The drafting of a conclusion document carried out by the participants.

Framework

International Federation of the Red Cross/Red Crescent Societies

YABC <http://www.ifrc.org/docs/news/speech09/kb220909.asp>

Principles and Values Department <http://www.ifrc.org/what/values/index.asp>

Annual Report of the Red Cross Red Crescent, YABC section

[Energy boost video of YABC](#)

[Red Cross, Red Crescent Youth Declaration](#)

MEDITERRANEAN YOUTH CAMP ATLANTIS VI
-Social inclusion-

Grans –Marseille 24th to 31st July 2010

Session

Youth and Employment facilitated by the Spanish Red Cross in Catalonia

Date

25th and 26th July 2010

Time

From 9:00 to 13:00 (for the two days)

Working language

English

Objective:

To increase the knowledge of the labour market situation for youth in the Mediterranean and to explore the relation between access to employment and vulnerable targets among youth in order to set up new initiatives to promote better social inclusion of youth in risk.

The drafting of a conclusion document carried out by the participants.

Some ideas:

To explore the concept of labour market, employment and link with social inclusion

General overview of labour market and youth in the Mediterranean (trends – vocational training)

Definition of vulnerable targets among youth in our region

Working on creativity and new proposal from youth section in order to promote youth employability

Format

- 3 hours and 30 minutes each day for a total of 7 hours
- One group of 30 people.
- Actively participation of the youth
- Particular attention to the intercultural dialogue
- Peer education

Contents

Unemployment and maintaining employment has become an issue in Europe. Learning how the system of employment works for the youth community and how to combat negative aspects to ones career are essential to fulfil the aspired career.

More contents to add:

The trends of the Mediterranean

Figures of unemployment compared to countries with better economic stance

Compare to the countries with high illegal immigration numbers

Popular vocational of the respective areas along the Mediterranean.

Framework

International Federation of the Red Cross/Red Crescent Societies

Other International Organization

[Youth Labour Market in Spain, book](#)

[Youth Employment in Arab Mediterranean Countries](#)

[European Youth Forum Position on Youth Employment](#)

[European Youth Unemployment](#)

[Western Europe Youth Unemployment](#)

[Youth Employment](#)

ANNEX IX

Certificate of Attendance

Independence

Neutrality

Impartiality

Humanity

Voluntary service

Unity

Universality



**Centre for the Cooperation
in the Mediterranean**



croix-rouge française



ATLANTIS VI 2010

This is to certify that

MR/MS

has participated in the

Mediterranean Youth Camp ATLANTIS VI 2010

Organized in Grans, France, 24th to the 31st July 2010, by the French Red Cross and the Centre for the Cooperation in the Mediterranean

The workshop included theoretical and pedagogical modules as well as interactive exercises.

Grans, France, 24th to the 31st July 2010

Marta Corachán
Vice-President of the
Centre for the Cooperation in the Mediterranean

Caroline Soubie
Head of Youth Operations of the
French Red Cross

ANNEX X

Poster



Centre for the Cooperation
in the Mediterranean

croix-rouge française



Atlantis VI

From 24 to 31 July 2010
Grans, Marseille



Mediterranean: Values in action



CENTRE UNESCO DE CATALUNYA
UNESCOCAT



WITH THE SUPPORT OF:

abertis



International Federation of Red Cross And Red Crescent Societies
الاتحاد الدولي لجمعيات الصليب الأحمر والهلال الأحمر
MIDDLE EAST AND NORTH AFRICA ZONE منطقة الشرق الأوسط وشمال أفريقيا

ANNEX XI

Evaluation questionnaire

Mediterranean Youth Camp Atlantis VI

Please help us evaluate the exchange by circling the most suitable answer, using the following:

1	2	3	4
Poor	Average	Good	Excellent

GENERAL CONTENT

Did the seminar meet your expectations?	1	2	3	4
How would you rate the content?	1	2	3	4
Did you appreciate the methodology?	1	2	3	4
Dynamism within the group?	1	2	3	4
How useful or relevant was the exchange with your RC/RC voluntary service/work?	1	2	3	4
How would you rate the facilitators in general?	1	2	3	4

SPECIFIC CONTENT

1. Youth and Employment

A. Workshop programme

Previous information	1	2	3	4
Expectation achievements	1	2	3	4

B. Trainers



Centre for the Cooperation
in the Mediterranean



croix-rouge française

Dynamism within the group	1	2	3	4
Supporting material/	1	2	3	4
Kept people motivated	1	2	3	4
Methodology and dynamics	1	2	3	4

2. Migrants

A. Workshop programme

Previous information	1	2	3	4
Expectation achievements	1	2	3	4

B. Trainers

Dynamism within the group	1	2	3	4
Supporting material/	1	2	3	4
Keep people motivated	1	2	3	4
Methodology and dynamics	1	2	3	4

3. Principles & Values

A. Workshop programme

Previous information	1	2	3	4
Expectation achievements	1	2	3	4

B. Trainers

Dynamism within the group	1	2	3	4
Supporting material	1	2	3	4
Kept people motivated	1	2	3	4
Methodology and dynamics	1	2	3	4

4. Sustainable environment

A. Workshop programme



Centre for the Cooperation
in the Mediterranean



croix-rouge française

Previous information	1	2	3	4
Expectation achievements	1	2	3	4

B. Trainers

Dynamism within the group	1	2	3	4
Supporting material	1	2	3	4
Kept people motivated	1	2	3	4
Methodology and dynamics	1	2	3	4

5. YABC

A. Workshop programme

Previous information	1	2	3	4
Expectation achievements	1	2	3	4

B. Trainers

Dynamism within the group	1	2	3	4
Supporting material	1	2	3	4
Kept people motivated	1	2	3	4
Methodology and dynamics	1	2	3	4

6. Leadership

A. Workshop programme

Previous information	1	2	3	4
Expectation achievements	1	2	3	4

B. Trainers

Dynamism within the group	1	2	3	4
Supporting material	1	2	3	4
Kept people motivated	1	2	3	4
Methodology and dynamics	1	2	3	4

ABOUT THE LOGISTICS

Welcoming	1	2	3	4
Accommodation	1	2	3	4
Meals and breaks	1	2	3	4
Transport	1	2	3	4
Working rooms	1	2	3	4
Previous information	1	2	3	4
Agenda	1	2	3	4
Leisure activities (night activities, trips...)	1	2	3	4

ADDITIONAL COMMENTS

How do you foresee the possibility of spreading the acquired knowledge in your NS?

Positive aspects?

Negative aspects?

Any other comments or suggestions?

THANK YOU FOR YOUR COLLABORATION!!



**CENTRE FOR THE COOPERATION
IN THE MEDITERRANEAN
PERMANENT OFFICE OF THE RED CROSS
AND RED CRESCENT OF THE MEDITERRANEAN**

With the support of:



Av. Portal de l'Angel, 7, 4th, Office J-K, E-08002, Barcelona (Spain)

Phone: +34 93 302 15 85

www.cruzroja.es/ccm

Humanity Impartiality Neutrality Independence Voluntary service Unity Universality